

Adult Care Center of the NSV, Inc Lunch Menu



2026

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pasta & Meatballs w/ Marinara Mixed Veggies Roll & Butter Fruit Milk/Water	3 Chicken Teriyaki Stir Fry, Veggies & Rice Fruit Milk/Water MR - Puree	4 Beef Goulash over Pasta Peas Roll & Butter Fruit Milk/Water	5 Cheese Ravioli Garlic Butter Sauce Vegetables Fruit Milk/Water	6 BBQ Chicken w/Potatoes Veggies Fruit Milk/Water MR - Puree
9 Beef & Broccoli Brown Rice Roll & Butter Fruit Milk/Water MR - Puree	10 Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water B- French toast	11 Chicken Primavera Fruit Milk/Water MR - Puree	12 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water	13 Korean Meatballs Rice Veggies Fruit Milk/Water MR – Puree B - Salisbury

16 Whole Grain Pancakes Sausage Fruit Milk/Water MR - Puree	17 Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water	18 Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water MR - Puree	19 Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water	20 Coconut Ginger Chicken, Veggies Rice Fruit Milk/Water MR – Puree B- Pasta & Meatballs
23 Sweet & Sour Chicken w/ Veggies & Rice Fruit Milk/Water MR - Puree	24 Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water B- Pancakes	25 Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR - Puree	26 Chicken Alfredo with Pasta and Veggies Roll Fruit Milk/Water B- Meatloaf	27 Hawaiian Sir Fry Veggies Fruit Milk/Water MR - Puree
30 Chicken, Bacon Ranch Pasta Mixed Veggies Fruit Milk/Water MR – Puree B- chicken Teriyaki				

Vitamin C Source

Vitamin A Source