

Adult Care Center of the NSV, Inc Lunch Menu



Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Goulash over Pasta Peas Roll & Butter Fruit Milk/Water SS- Gen Tso	2 Beef & Broccoli Brown Rice Roll & Butter Fruit Milk/Water SS -BBQ chicken MR - Puree	3 Cheese Ravioli Garlic Butter Sauce Vegetables Fruit Milk/Water SS- ch chicken	4 Chicken w/mustard sauce Whole Grain Blend Fruit Milk/Water SS – S&S Chicken MR - Puree
7  CLOSED LABOR DAY	8 Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water	9 Chicken Primavera Fruit Milk/Water SS – Rotini MR - Puree	10 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water SS- BBQ chicken	11 Korean Meatballs Rice Veggies Fruit Milk/Water SS- ch chicken MR - Puree

14 General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water	15 Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water SS – Orange chipotle chicken	16 Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water MR - Puree	17 Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water SS -S&S chicken	18 Coconut Ginger Chicken, Veggies Rice Fruit Milk/Water MR - Puree
21 Sweet & Sour Chicken w/ Veggies & Rice Fruit Milk/Water	22 Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS -ch chicken	23 Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR - Puree	24 Chicken Alfredo with Pasta and Veggies Roll Fruit Milk/Water SS- white chicken chili	25 Hawaiian Sir Fry Veggies Fruit Milk/Water MR - Puree
28 Chicken, Bacon Ranch Pasta Mixed Veggies Fruit Milk/Water	29 Pasta & Meatballs w/ Marinara Mixed Veggies Roll & Butter Fruit Milk/Water SS – General Tso's	30 Chicken Teriyaki Stir Fry, Veggies Fruit Milk/Water MR - Puree		

Vitamin C Source

Vitamin A Source