

Adult Care Center of the NSV, Inc Snack Menu



2026

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM: Belvita /Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	4 AM: Jello /Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	5 AM: Fruit Cup/Juice Diabetic: SF Same PM: Cheese Crackers /Water Diabetic: SF Same	6 AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	7 AM: Pastry Crisp/Juice Diabetic: SF Same PM: PB & J/Water Diabetic: Same
10 AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	11 AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	12 AM: Belvita /Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	13 AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	14 AM: Parfait /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
17 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	18 AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	19 AM: Parfait /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	20 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: PB & J/Water Diabetic: Same	21 AM: Toast w/Jam/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same
24 AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	25 AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	26 AM: Belvita /Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	27 AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	28 AM: Peanut Butter Crackers/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same

31 AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Fruit Parfait /Water Diabetic: Same				
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Vitamin A source

Vitamin C source