

Adult Care Center of the NSV, Inc Lunch Menu



2026

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pasta & Meatballs w/ Marinara Mixed Veggies Roll & Butter Fruit Milk/Water SS – General Tso's	4 Chicken Teriyaki Stir Fry, Veggies & Rice Fruit Milk/Water	5 Cheese Ravioli Garlic Butter Sauce Vegetables Fruit Milk/Water MR- Puree SS- ch chicken	6 Beef & Broccoli Brown Rice Roll & Butter Fruit Milk/Water SS -BBQ chicken	7 Beef Goulash over Pasta Peas Roll & Butter Fruit Milk/Water SS- Gen Tso MR- Puree
10 Cowboy Breakfast Fruit Milk/Water SS – S&S Chicken	11 Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water	12 Chicken Primavera Fruit Milk/Water SS – Rotini MR- Puree	13 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water SS- BBQ chicken	14 Korean Meatballs Rice Veggies Fruit Milk/Water SS- ch chicken MR- Puree

17 General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water	18 Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water SS – Orange chipotle chicken	19 Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water MR- Puree	20 Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water SS -S&S chicken	21 Coconut Ginger Chicken, Veggies Rice Fruit Milk/Water SS ham & egg scramble MR- Puree
24 Sweet & Sour Chicken w/ Veggies & Rice Fruit Milk/Water	25 Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS -ch chicken	26 Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR- Puree	27 Chicken Alfredo with Pasta and Veggies Roll Fruit Milk/Water SS- white chicken chili	28 Hawaiian Sir Fry Veggies Fruit Milk/Water MR- Puree
31 Chicken, Bacon Ranch Pasta Mixed Veggies Fruit Milk/Water				

Vitamin C Source

Vitamin A Source