


Adult Care Center of the NSV, Inc Lunch Menu



2026

Meals are ordered from Mom’s Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day’s meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider’s orders (Licensing requirement).
‘Thickened’ meals are prepared per request of family, and/or health care provider’s orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: center;">1</p> <p>Beef Goulash over Pasta Peas Roll & Butter Fruit Milk/Water</p> <p style="text-align: center;">SS- Gen Tso</p>	<p style="text-align: center;">2</p> <p>Beef & Broccoli Brown Rice Roll & Butter Fruit Milk/Water</p> <p style="text-align: center;">SS -BBQ chicken</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">CLOSED Independence Day</p> <div style="text-align: center;">  </div>
<p style="text-align: center;">6</p> <p>Cowboy Breakfast Fruit Milk/Water</p> <p style="text-align: center;">SS – S&S Chicken</p>	<p style="text-align: center;">7</p> <p>Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water</p>	<p style="text-align: center;">8</p> <p>Chicken Primavera Fruit Milk/Water</p> <p style="text-align: center;">SS – Rotini</p>	<p style="text-align: center;">9</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p> <p style="text-align: center;">SS- BBQ chicken</p>	<p style="text-align: center;">10</p> <p>Korean Meatballs Rice Veggies Fruit Milk/Water</p> <p style="text-align: center;">SS- ch chicken</p>

<p>13</p> <p>General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water</p>	<p>14</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p> <p>SS – Orange chipotle chicken</p>	<p>15</p> <p>Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water</p>	<p>16</p> <p>Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water</p> <p>SS -S&S chicken</p>	<p>17</p> <p>Coconut Ginger Chicken, Veggies Rice Fruit Milk/Water</p> <p>SS ham & egg scramble</p>
<p>20</p> <p>Sweet & Sour Chicken w/ Veggies & Rice Fruit Milk/Water</p>	<p>21</p> <p>Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water</p> <p>SS -ch chicken</p>	<p>22</p> <p>Cheese Omelet Ham Roll & Butter Fruit Milk /Water</p>	<p>23</p> <p>Chicken Alfredo with Pasta and Veggies Roll Fruit Milk/Water</p> <p>SS- white chicken chili</p>	<p>24</p> <p>Hawaiian Sir Fry Veggies Fruit Milk/Water</p>
<p>27</p> <p>Chicken, Bacon Ranch Pasta Mixed Veggies Fruit Milk/Water</p>	<p>28</p> <p>Pasta & Meatballs w/ Marinara Mixed Veggies Roll & Butter Fruit Milk/Water</p> <p>SS – General Tso's</p>	<p>29</p> <p>Chicken Teriyaki Stir Fry, Veggies Fruit Milk/Water</p>	<p>30</p> <p>Cheese Ravioli Garlic Butter Sauce Vegetables Fruit Milk/Water</p> <p>SS- ch chicken</p>	<p>31</p> <p>Cheese Ravioli w/Garlic Butter Veggies Fruit Milk/Water</p> <p>SS- Orange chipotle chicken</p>

Vitamin C Source

Vitamin A Source