

## Adult Care Center of the NSV, Inc Lunch Menu



Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).  
 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  Whole Grain Pancakes, Sausage, <b>Fruit</b> Crisp <b>Fruit</b> <b>Milk/Water</b>  SS ham & egg scramble MR- Pureé	<b>2</b>  <b>Chicken</b> Teriyaki Stir Fry, <b>Veggies</b> & Rice <b>Fruit</b> <b>Milk/Water</b>	<b>3</b>  Beef Goulash over Pasta Peas Roll & Butter <b>Fruit</b> <b>Milk/Water</b>  SS- Gen Tso	<b>4</b>  Beef & <b>Broccoli</b> Brown Rice Roll & Butter <b>Fruit</b> <b>Milk/Water</b>  SS -BBQ chicken	<b>5</b>  Cheese Ravioli Garlic Butter Sauce Vegetables <b>Fruit</b> <b>Milk/Water</b>  MR- Pureé SS- ch chicken
<b>8</b>  Cowboy Breakfast <b>Fruit</b> <b>Milk/Water</b>  MR- Pureé SS – S&S Chicken	<b>9</b>  <b>Cheesy Chicken</b> & Rice Cookie Roll & Butter <b>Fruit</b> <b>Milk /Water</b>	<b>10</b>  French Toast Turkey Sausage Berry Sauce <b>Fruit</b> <b>Milk/Water</b>  SS – Ham Patty MR- Pureé	<b>11</b>  Ham Patty <b>Cheesy Potatoes</b> Chocolate Pudding <b>Fruit</b> <b>Milk/Water</b>  SS- BBQ chicken	<b>12</b>  Korean Meatballs Rice <b>Veggies</b> <b>Fruit</b> <b>Milk/Water</b>  MR- Pureé SS- ch chicken

<p>15</p> <p>General Tsos Chicken w/ Veggies &amp; Rice Fruit Milk/Water</p> <p>MR – Pureé</p>	<p>16</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p> <p>SS – Hawaiian</p>	<p>17</p> <p>Creamy Chicken &amp; Mushroom Casserole, Veggies Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>18</p> <p>Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water</p> <p>SS -S&amp;S chicken</p>	<p>19</p> <p><b>CLOSED</b></p> 
<p>22</p> <p>Sweet &amp; Sour Chicken w/ Veggies &amp; Rice Fruit Milk/Water</p> <p>MR – Pureé</p>	<p>23</p> <p>Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water</p> <p>SS -ch chicken</p>	<p>24</p> <p>Cheese Omelet Ham Roll &amp; Butter Fruit Milk /Water</p> <p>MR- Pureé</p>	<p>25</p> <p>Chicken Alfredo with Pasta and Veggies Roll Fruit Milk/Water</p> <p>SS- white chicken chili</p>	<p>26</p> <p>BBQ Chicken Mixed Veggies Potatoes Fruit Milk/Water</p> <p>MR – Pureé</p>
<p>29</p> <p>Coconut Ginger Chicken Stir Fry Veggies Rice Fruit Milk/Water</p> <p>MR – Pureé</p>	<p>30</p> <p>Pasta &amp; Meatballs w/ Marinara Mixed Veggies Roll &amp; Butter Fruit Milk/Water</p> <p>SS – General Tso's</p>			

Vitamin C Source

Vitamin A Source