

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Fruit Cup/ Juice Diabetic: SF Same PM: Cheese Crackers /Water Diabetic: SF Same	2 AM: Oatmeal w/ blueberries / Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	3 AM: Yogurt w/granola/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
6 AM: Fruit Parfait/ Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	7 AM: Graham Crackers w/Peanut Butter / Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	8 AM: Belvita / Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	9 AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	10 AM: Toast w/Jam / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
13 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	14 AM: Oatmeal w/ blueberries / Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	15 AM: Parfait / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	16 AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	17 AM: Fruit Parfait/ Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp
20 AM: Nutri-grain Bar/ Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	21 AM: Fruit Cup/ Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	22 AM: Belvita / Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	23 AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	24 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same

<p>27</p> <p>AM: Pastry Crisp/Juice Diabetic: SF Same</p> <p>PM: Apples w/ peanut butter/Water Diabetic: Same</p>	<p>28</p> <p>AM: Belvita /Juice Diabetic: Same</p> <p>PM: Ice Cream / Water Diabetic: SF Same</p>	<p>29</p> <p>AM: Pastry Crisp/Juice Diabetic: SF Same</p> <p>PM: Fruit Parfait /Water Diabetic: Same</p>	<p>30</p> <p>AM: Jello /Juice Diabetic: Same</p> <p>PM: Ice Cream / Water Diabetic: SF Same</p>	
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Vitamin A source

Vitamin C source