

Adult Care Center of the NSV, Inc Lunch Menu



2026

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
2 General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water MR – Pureé EM & SS- BBQ chicken	3 Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS -ch chicken	4 Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR- Pureé	5 Salisbury Steak w/ Gravy & Rice Veggies Roll Fruit Milk/Water SS- white chicken chili	6 Meatloaf Potatoes Veggies Jello Fruit Milk/Water MR- Pureé
9 Pancakes Sausage Fruit Milk/Water MR- Pureé EM & SS – S&S Chicken, Egg Scramble	10 Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water 	11 French Toast Turkey Sausage Berry Sauce Fruit Milk/Water SS – Ham Patty MR- Pureé EM- Swedish Meatballs	12 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water SS- BBQ chicken	13 Korean Meatballs Rice Veggies Fruit Milk/Water MR- Pureé SS- ch chicken

16	17	18	19	20
Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water SS – Teriyaki Stir MR- Pureé	Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water SS – Hawaiian	Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water MR- Pureé	Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water SS -S&S chicken	Whole Grain Pancakes, Sausage, Fruit Crisp Fruit Milk/Water SS&EM -ham & egg scramble MR- Pureé
23	24	25	26	27
General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water MR – Pureé EM & SS- BBQ chicken	Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS -ch chicken	Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR- Pureé	Salisbury Steak w/ Gravy & Rice Veggies Roll Fruit Milk/Water SS- white chicken chili	BBQ Chicken Mixed Veggies Potatoes Fruit Milk/Water MR – Pureé
26	27	28	29	30
Beef & Broccoli Brown Rice Roll & Butter Fruit Milk/Water MR – Pureé SS -BBQ chicken	Pasta & Meatballs w/ Marinara Mixed Veggies Roll & Butter Fruit Milk/Water SS – General Tso's	Ham Patty Glazed Sweet Potatoes Creamed Corn Fruit Milk/Water MR – Pureé	Little Smokies Baked Beans Veggies Fruit Milk/Water SS- Creamy chicken & mushroom	Chicken Alfredo Veggies Jello Fruit Milk/Water MR- Pureé SS- cheesy chicken

Vitamin C Source

Vitamin A Source