Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
AM: Pastry Crisp/Juice Diabetic: SF Same PM: Apples w/ peanut butter/Water Diabetic: Same	AM: Apples w/PB & Honey/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Nutrigrain Bar/Water Diabetic: Pastry Crisp	AM: Parfait /Juice Diabetic: Same PM: Pudding/Water Diabetic: Same	7 AM: Yogurt w/granola/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
10	11	12	13	14
AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: Belvita /Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Toast w/Jam /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
17	18	19	20	21
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Parfait /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp
24	25	26 AM: Cheese Crackers/	27	28
AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream / Water Diabetic: SF Same	AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	CLOSED	CLOSED

Vitamin A source

Vitamin C source