

Adult Care Center of the NSV, Inc Lunch Menu

November

2025

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Omelet Ham Roll & Butter Fruit Milk /Water MR- Pureé	4 Salisbury Steak (8) w/ Mushroom Gravy Potatoes Veggies BBQ Chicken (2) Roll Fruit Milk /Water	5 Little Smokies Baked Beans Veggies Fruit Milk /Water MR- Pureé	6 Chicken Alfredo (4) Veggies Cheese Omelet (6) Ham Patty (1) Jello Fruit Milk /Water	7 Meatloaf (1) Swedish Meatballs (1) Ham Patty (2) Cheesy Chicken (3) Smokies (2) Jello Fruit Milk /Water MR- Pureé
10 Pancakes Sausage Fruit Milk /Water MR- Pureé EM & SS – S&S Chicken, Egg Scramble	11 French Toast Turkey Sausage Berry Sauce Fruit Milk /Water SS – Ham Patty	12 Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water MR- Pureé EM- Swedish Meatballs	13 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk /Water	14 Korean Meatballs Rice Veggies Fruit Milk /Water MR- Pureé SS- ch chicken

17 Chicken, Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water SS – Teriyaki Stir MR- Pureé	18 Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water SS – Hawaiian	19 Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water MR- Pureé	20 Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water SS -S&S chicken	21 Whole Grain Pancakes, Sausage, Fruit Crisp Fruit Milk/Water SS&EM -ham & egg scramble MR- Pureé
24 General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water MR – Pureé EM- BBQ chicken	25 Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS -ch chicken	26 BBQ Chicken Mixed Veggies Potatoes Fruit Milk/Water MR – Pureé	27 CLOSED 	28 CLOSED 

Vitamin C Source

Vitamin A Source