

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
9:00-9:45			Morning News Hour/ Participants Choice: Word search/Crossword Fall Carnival	Morning News Hour/ Participants Choice: Word search/Crossword National Name Your Car Day	Morning News Hour/ Participants Choice: Word search/Crossword
10:00-10:45			Outdoor Activity ^{Pr., S, C} One on one projects ^{Pr.}	Name That Person ^{S, C} One on one projects ^{Pr.}	Jeopardy ^{S, C} Big Word Small Word ^{C, S}
10:55-11:40			Outdoor Activity ^{Pr., S, C} One on one projects ^{Pr.}	Bean Bag Toss ^{P, C} Balloon Crash ^{P, C}	Table Hockey ^{P, C, S} Chimes ^{P, S, C}
12:00-1:55			Lunch & Relaxation/ One on one projects ^{Pr.} Obie/ Card Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Art/ Obie/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Puzzle & coloring
2:00-2:45			Wednesday Movie Matinee ^{R/} One on one projects ^{Pr.}	Regular Exercise ^{P, S} Cycling ^{P, S.}	Regular Exercise ^{P, S} Cycling ^{P, S.}
3:00			Refreshments	Refreshments	Refreshments
3:30-4:00			Bingo ^{S, C} One on one projects ^{Pr.}	Best 10 ^{S, C} Bible Trivia ^{S, C}	Friday Frolic ^R One on one projects ^{Pr.}
4:10-4:30			Bingo ^{S, C} One on one projects ^{Pr.}	Conversation Ball ^{S, C} One on one projects ^{Pr.}	Friday Frolic ^R One on one projects ^{Pr.}
	6	7	8	9	10
9:00-9:45	Morning News Hour/ Participants Choice: Word search/Crossword National Mad Hatter Day	Morning News Hour/ Participants Choice: Word search/Crossword Happy Birthday, Nelson!	Morning News Hour/ Participants Choice: Word search/Crossword Happy Birthday, Andy & Jim!	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword
10:00-10:45	Conversation with Linda ^{S, C} One on one projects ^{Pr.}	Crossword ^{S, C} One on one projects ^{Pr.}	Karaoke ^{S, C} Hedbanz ^{C, S}	Big Word Small Word ^{C, S} Chimes ^{P, S, C}	Jeopardy ^{P, S.} One on one projects ^{Pr.}
10:55-11:40	Family Feud ^{C, S} One on one projects ^{Pr.}	Shake & Share ^{S, C} One on one projects ^{Pr.}	Trivia ^{C, S} One on one projects ^{Pr.}	Table Hockey ^{P, S} One on one projects ^{Pr.}	Art & Craft ^{C, S} One on one projects ^{Pr.}
12:00-1:55	Lunch & Relaxation/ One on one projects ^{Pr.}	Lunch & Relaxation/ One on one projects ^{Pr.} Coloring/ Puzzles ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Obie/ Card/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Art/ Obie/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.}
2:00-2:45	Regular Exercise ^{P, S} Cycling ^{P, S}	Bingo ^{C, S, P} One on one projects ^{Pr.}	Bingo ^{S, C} One on one projects ^{Pr.}	Regular Exercise ^{P, S} Cycling ^{P, S}	Wheel of Fortune ^{S, C} One on one projects ^{Pr.}
3:00	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
3:30-4:00	Hangman ^{C, S} One on one projects ^{Pr.}	Tuesday Movie Matinee ^R <i>Back To the Future</i> (DVD)	Bean Bag Toss ^{C, S} One on one projects ^{Pr.}	Pool Noodle Drop ^{C, S} Balloon Crash ^{P, C}	Friday Frolic ^R One on one projects ^{Pr.}
4:10-4:30	Best 10 ^{C, S} One on one projects ^{Pr.}	Tuesday Movie Matinee ^R One on one projects ^{Pr.}	Exercise ^{P, S} One on one projects ^{Pr.}	Farkle ^{C, S} One on one projects ^{Pr.}	Friday Frolic ^R One on one projects ^{Pr.}

	13	14	15	16	17
9:00-9:45	Morning News Hour/ Participants Choice: Word search/Crossword Columbus Day	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword National I Love Lucy Day	Morning News Hour/ Participants Choice: Word search/Crossword National Boss's Day	Morning News Hour/ Participants Choice: Word search/Crossword
10:00-10:45	Music Time ^{C, S} One on one projects ^{Pr.}	Crossword ^{S, C} Karaoke ^{S, C}	Intergenerational ^{Pr., S, C} One on one projects ^{Pr.}	Story Writing ^{C, S} Word Charts ^{S, C}	Chimes ^{P, S, C} One on one projects ^{Pr.}
10:55-11:40	Trivia ^{C, S} Family Feud ^{C, S}	100 or Bust ^{P, S} One on one projects ^{Pr.}	Pictionary ^{C, S} Hedbanzs ^{C, S}	Bowling ^{S, C} Ring Toss ^{S, C}	Paddle Ball ^{C, S} Bean Bag Toss ^{P, S}
12:00-1:55	Lunch & Relaxation/ One on one projects ^{Pr.}	Lunch & Relaxation/ One on one projects ^{Pr.} Coloring/ Puzzles ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Obie/ Card/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Art/ Obie/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.}
2:00-2 :45	Wheel of Fortune ^{S, C} One on one projects ^{Pr.}	Chair Volleyball ^{P, C.} Magic Broom ^{S, C, P}	Life Stories ^{C, S} Lawn Darts ^{P, S.}	Regular Exercise ^{P, S} Cycling ^{P, S}	Noodle Stack Race ^{C, S} Connect 4 ^{P. S.}
3:00	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
3:30-4:00	Monday Movie Matinee ^{R/} One on one projects ^{Pr.}	Regular Exercise ^{P, S} Cycling ^{P, S.}	Music with Michael ^{S, C} One on one projects ^{Pr.}	Arts and Craft ^{S, C} Whack a Mole True or False ^{C, S}	Friday Frolic ^R One on one projects ^{Pr.}
4:10-4:30	Monday Movie Matinee ^{R/} One on one projects ^{Pr.}	Left Right Center ^{C, S} UNO Game ^{C, S.}	Music with Michael ^{S, C} One on one projects ^{Pr.}	Farkle ^{S, C} Uno Game ^{S, C}	Friday Frolic ^R One on one projects ^{Pr.}
	20	21	22	23	24
9:00-9:45	Morning News Hour/ Participants Choice: Word search/Crossword National Apple Day	Morning News Hour/ Participants Choice: Word search/Crossword National Pumpkin Cheesecake Day	Morning News Hour/ Participants Choice: Word search/Crossword National Reptile Awareness Day	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword National Food Day
10:00-10:45	Music Time ^{C, S} One on one projects ^{Pr.}	Crosswords ^{S, C} Wheel of Fortune ^{C, S}	Intergenerational ^{Pr., S, C} One on one projects ^{Pr.}	Ring Toss ^{C, S} Connect 4 ^{C, S}	Bowling ^{C, S} iPad Jeopardy ^{S, C}
10:55-11:40	Bible Trivia ^{C, S.} One on one projects ^{Pr.}	People Say ^{C, S} Pictionary ^{S, C}	Vocabulary Solitaire ^{C, S} Word Charts ^{C, S}	Hangman ^{C, S} 100 Or Bust ^{C, S}	Scatergorries ^{S, C} Name That Landscapes ^{C, S}
12:00-1:55	Lunch & Relaxation/ One on one projects ^{Pr.}	Lunch & Relaxation/ One on one projects ^{Pr.} Coloring/ Puzzles ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Obie/ Card/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Art/ Obie/ Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.}
2:00-2 :45	Art & Craft ^{C, S} One on one projects ^{Pr.}	Drum Circle ^{C, S} Table Hockey ^{P, C, S}	Crossword ^{S, C.} Paddle Drum ^{S, C}	Hungry Hungry Hippos ^{C, S} Family Feud ^{C, S}	Chimes ^{P, S, C} One on one projects ^{Pr.}
3:00	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
3:30-4:00	Monday Movie Matinee ^R One on one projects ^{Pr.}	Big Word Small Word ^{C, S} Spin the Wheel ^{S, C}	Picto word ^{S, C} Best 10 ^{C, S}	Regular Exercise ^{P, S} Cycling ^{P, S}	Friday Frolic ^R One on one projects ^{Pr.}
4:10-4:30	Monday Movie Matinee ^R One on one projects ^{Pr.}	Farkle ^{S, C.} One on one projects ^{Pr.}	Conversation ^{S, C} One on one projects ^{Pr.}	Left Right Center ^{S, C} Jenga ^{S, C}	Friday Frolic ^R One on one projects ^{Pr.}

	27	28	29	30	31
9:00-9:45	Morning News Hour/ Participants Choice: Word search/Crossword National Black Cat Day	Morning News Hour/ Participants Choice: Word search/Crossword National Chocolate Day	Morning News Hour/ Participants Choice: Word search/Crossword Happy Birthday, Patsy!	Morning News Hour/ Participants Choice: Word search/Crossword National Candy Corn Day	Morning News Hour/ Participants Choice: Word search/Crossword Halloween
10:00-10:45	Music Time ^{C, S} One on one projects ^{Pr.}	Word Chart ^{S, C} Crosswords ^{S, C}	Intergenerational ^{Pr., S, C} One on one projects ^{Pr.}	Wheel of Fortune ^{S, C} One on one projects ^{Pr.}	Price is Right ^{S, C} One on one projects ^{Pr.}
10:55-11:40	Hangman ^{C, S} Lawn Darts ^{C, S}	Rainbow Toss ^{C, S, P} Family Feud ^{C, S}	Spin the Wheel ^{S, C} One on one projects ^{Pr.}	Balloon Crash ^{P, C} Target Toss ^{S, C}	Halloween Art & Craft ^{S, C,} One on one projects ^{Pr.}
12:00-1:55	Lunch & Relaxation/ One on one projects ^{Pr.}	Lunch & Relaxation/ One on one projects ^{Pr.} Coloring/ Puzzles ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.} Obie/ Card Games ^{C, S}	Lunch & Relaxation/ One on one projects ^{Pr.}	Lunch & Relaxation/ One on one projects ^{Pr.}
2:00-2:45	Regular Exercise ^{P, S} Cycling ^{P, S}	Chimes ^{P, S, C} One on one projects ^{Pr.}	Life Stories ^{C, S} Games ^{P, S}	Bulldozer ^{P, S, C} Bingo ^{C, S}	Halloween Karaoke ^{S, C} One on one projects ^{Pr.}
3:00	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
3:30-4:00	Monday Movie Matinee ^R One on one projects ^{Pr.}	Regular Exercise ^{P, S} Cycling ^{P, S}	Hungry Hungry Hippos ^{S, P} Best 10 ^{C, S}	Candy Corn Toss Conversation ^{S, C} One on one projects ^{Pr.}	Friday Frolic ^R One on one projects ^{Pr.}
4:10-4:30	Monday Movie Matinee ^R One on one projects ^{Pr.}	Old Maid ^{S, C} Left Right Center ^{S, C}	Penny Ante ^{S, C} One on one projects ^{Pr.}	Sing Along ^{S, C} One on one projects ^{Pr.}	Friday Frolic ^R One on one projects ^{Pr.}

*Alternative activities will be offered as requested

October is...

- National Stamp Collecting Month
- Positive Attitude Month
- Breast Cancer Awareness Month
- World Blindness Awareness Month
- National NON-GMO Month
- National ADD/ADHD Awareness Month

Personal Workshop

Jigsaw Puzzles

Crossword/Word Search

Reminisce

Coloring

Indoor/Outdoor Walks (depending on temperature)

Music & Memory

Offered throughout the day to ensure person centered care

Exercise & Wellness Groups:

2 choices are offered to participants daily

Upper Body: Weight lifting
Medicine Balls
Theraband
Hand Grippers

Wellness (Mind & Body): Chair Yoga
Core Focus: Chair Pilates
Lower Extremity: Virtual Cycling Club
Active ROM: Parachute
Fun band
Armchair Exercise