

## Adult Care Center of the NSV, Inc Snack Menu

**SEPTEMBER 2025**

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>CLOSED</b>	<b>2</b>  <b>AM:</b> PB & Honey Toast /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>3</b>  <b>AM:</b> Graham Crackers w/peanut butter & honey /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar/ Water <b>Diabetic:</b> Pastry Crisp	<b>4</b>  <b>AM:</b> Parfait /Juice <b>Diabetic:</b> Same  <b>PM:</b> Pudding/Water <b>Diabetic:</b> Same	<b>5</b>  <b>AM:</b> Yogurt w/granola/Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same
<b>8</b>  <b>AM:</b> Fruit Parfait/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp	<b>9</b>  <b>AM:</b> Graham Crackers w/Peanut Butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp	<b>10</b>  <b>AM:</b> Belvita /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream / Water <b>Diabetic:</b> SF Same	<b>11</b>  <b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Jello/Water <b>Diabetic:</b> Same	<b>12</b>  <b>AM:</b> Toast w/Jam /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same
<b>15</b>  <b>AM:</b> Cheese Crackers/ Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>16</b>  <b>AM:</b> Oatmeal w/ blueberries /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>17</b>  <b>AM:</b> Parfait /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>18</b>  <b>AM:</b> Graham Crackers w/peanut butter & honey /Juice <b>Diabetic:</b> Same  <b>PM:</b> Fruit Cup/Water <b>Diabetic:</b> Same	<b>19</b>  <b>AM:</b> Fruit Parfait/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp
<b>22</b>  <b>AM:</b> Nutri-grain Bar/Juice <b>Diabetic:</b> Belvita  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>23</b>  <b>AM:</b> Fruit Cup/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> SF Same	<b>24</b>  <b>AM:</b> Cheese Crackers/ Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>25</b>  <b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Apples w/ peanut butter/Water <b>Diabetic:</b> Same	<b>26</b>  <b>AM:</b> Apples w/PB & Honey/Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same

<b>29</b>  <b>AM:</b> Parfait / Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>30</b>  <b>AM:</b> Belvita/ Juice <b>Diabetic:</b> Same  <b>PM:</b> Pudding/Water <b>Diabetic:</b> Same			
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Vitamin A source

Vitamin C source