Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something <u>pre-packaged and unopened</u> from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	Tuesday 2 BBQ Chicken Mixed Veggies Potatoes Fruit Milk/Water SS- S&S Chicken	Wednesday 3 Cheese Ravioli Veggies Cookie Fruit Milk/Water SS- Mushroom Chicken MR- Pureé	Thursday 4 Chicken Teriyaki Stir Fry Veggies Rice Fruit Milk/Water	Friday 5 Pasta & Meatballs Veggies Fruit Milk /Water SS- Hawaiian MR- Pureé
Coconut Ginger Chicken Rice Roll & Butter Fruit Milk /Water SS- S&S Chicken MR- Pureé	Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water	Little Smokies Baked Beans Veggies Fruit Milk/Water SS- Ch chicken MR- Pureé	Chicken Alfredo Veggies Jello Fruit Milk/Water	Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water SS- S&S Chicken MR- Pureé

Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water MR- Pureé EM- Ch Ba Ranch	French Toast Turkey Sausage Berry Sauce Fruit Milk/Water	Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk /Water MR- Pureé EM- Swedish Meatballs	Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water	Korean Meatballs Rice Veggies Fruit Milk/Water
Chicken, Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water SS – Teriyaki Stir MR- Pureé	Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water	Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water	Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water	Whole Grain Pancakes, Sausage, Fruit Crisp Fruit Milk/Water SS&EM -ham & egg scramble MR- Pureé
General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water MR - Pureé SS - S&S chicken EM- BBQ chicken	Swedish Style Meatballs over Pasta Veggies Fruit Milk /Water SS-ch chicken			