

Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
				2 Pasta & Meatballs Veggies Fruit Milk /Water SS- Hawaiian MR- Pureé
4 Sweet & Sour Chicken Rice Roll & Butter Fruit Milk /Water MR- Pureé	5 Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water	6 Little Smokies Baked Beans Veggies Fruit Milk/Water MR- Pureé	7 Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water SS- Ch chicken	8 <div style="text-align: center; font-size: 2em; font-weight: bold;">CLOSED</div>

<p>11</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>12</p> <p>French Toast Turkey Sausage Berry Sauce Fruit Milk/Water</p>	<p>13</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>14</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p>	<p>15</p> <p>Cowboy Breakfast Cranberry Crisp Fruit Pudding Milk/Water/Juice</p> <p>MR- Pureé SS -ch chicken</p>
<p>18</p> <p>Chicken, Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>19</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk/Water</p>	<p>20</p> <p>Creamy Chicken & Mushroom Casserole, Veggies Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>21</p> <p>Homestyle Meatloaf, Potatoes, Seasoned Veggies Fruit Milk/Water</p> <p>SS -Hawaiian</p>	<p>22</p> <p>Whole Grain Pancakes, Sausage, Fruit Crisp Fruit Milk/Water</p> <p>SS -ham & egg scramble MR- Pureé</p>
<p>25</p> <p>General Tsos Chicken w/ Veggies & Rice Fruit Milk/Water</p> <p>MR – Pureé SS – S&S chicken</p>	<p>26</p> <p>Swedish Style Meatballs over Pasta Veggies Fruit Milk/Water</p>	<p>27</p> <p>Cheesy Chicken & Rice Cookie Roll & Butter Fruit Milk/Water</p> <p>MR – Pureé</p>	<p>28</p> <p>Ravioli Seasoned Veggies Jello Fruit Milk/Water</p> <p>SS -Hawaiian</p>	<p>29</p> <p>Chicken Alfredo Fruit Roll Pudding Milk/Water</p> <p>SS – teriyaki stir MR- Pureé</p>

Vitamin C Source

Vitamin A Source