

Adult Care Center of the NSV, Inc Lunch Menu




2025

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water	2 Pasta & Meatballs Veggies Fruit Milk /Water MR- Pureé	3 Whole Grain Pancakes Sausage Cranberry Apple Crisp Fruit Pudding Milk /Water/ Juice SS-ch chicken	4 CLOSED 
7 Sweet & Sour Chicken Rice Roll & Butter Fruit Milk /Water MR- Pureé	8 Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk /Water	9 Little Smokies Baked Beans Veggies Fruit Milk /Water MR- Pureé	10 Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk /Water SS- Ch chicken	11 Pasta Primavera w/Ham & Vegetables Roll & Butter Fruit Milk /Water MR- Pureé SS-ch chicken

<p>14</p> <p>Pasta & Meatballs Veggies Fruit Milk /Water</p> <p>SS – egg scramble MR- Pureé</p>	<p>15</p> <p>French Toast Turkey Sausage Berry Sauce Fruit Milk/Water</p>	<p>16</p> <p>Cowboy Breakfast Cranberry Crisp Fruit Pudding Milk/Water/Juice</p> <p>MR- Pureé</p>	<p>17</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p>	<p>18</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR- Pureé SS -ch chicken</p>
<p>21</p> <p>Chicken, Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water</p> <p>MR- Pureé</p>	<p>22</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p>	<p>23</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>24</p> <p>Sweet & Sour Chicken w/ Stir Fry Veggies Rice Fruit Milk/Water</p>	<p>25</p> <p>French Toast Turkey Sausage Fruit Milk/Water</p> <p>SS -ham & egg scramble MR- Pureé</p>
<p>28</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p> <p>MR- Pureé</p>	<p>29</p> <p>Chicken Alfredo Fruit Roll Pudding Milk/Water</p> <p>MR – Pureé SS – S&S chicken</p>	<p>30</p> <p>Ravioli Seasoned Veggies Jello Fruit Milk/Water</p>	<p>31</p> <p>Cheesy Chicken & Rice Fruit Milk /Water</p> <p>MR – Pureé</p>	

Vitamin C Source

Vitamin A Source