

## $\begin{tabular}{ll} Adult Care Center of the Northern Shenandoah Valley, Inc. \\ 2025 \end{tabular}$



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
9:00-		Morning News Hour/ Participants	Morning News Hour/ Participants	Morning News Hour/ Participants	Happy Independence Day!
9:45		Choice: Word search/Crossword	Choice: Word search/Crossword	Choice: Word search/Crossword	We are Closed!
		National Creative Ice Cream Flavors Day	Disco Day		
10:00-		iPad Wheel of Fortune C, S	Intergenerational Pr., S, C	Word Chart <sup>C, S,</sup>	WIND TO THE STATE OF THE STATE
10:45		Crossword Puzzle <sup>C, S</sup>	One on one projects Pr.	Drum Circle S, C	
10:55-		Hungry Hungry Hippo C, S	Headbandz <sup>S, C</sup>	Name That Landscapes C, S	
11:40		Fourth of July Art and Craft S, C	One on one projects Pr.	Bean Bag Toss P, S, C	ATU ZIHIV
12:00-		Lunch & Relaxation/	Lunch & Relaxation/	Lunch & Relaxation/	411165001
1:55		One on one projects Pr.	One on one projects Pr.	One on one projects Pr.	THE INDEPENDENCE DAY
1.00		Card Game	SCATTERGORIES S, C	Obie Time S, C	
2:00-		Chimes S, C	Telephone Game c,s	Family Feud <sup>C, S</sup>	
2:45		Expressive Art <sup>C, S</sup> /Coloring <sup>C, S.</sup>	Simon Says Cup c,s	100 or Bust P, S, C	
3:00		Refreshments	Refreshments	Refreshments	
3:30-		Regular Exercise P, S	Hangman <sup>C, S</sup>	Regular Exercise P, S	
4:00		Cycling P, S/	True or False Sign P. S, C	Cycling P, S	
		Best 10 C, S	C	, c	
4:00-		Rainbow Toss S, C, P	Pictionary S, C	Conversation Ball C, S	
4:30		One on one projects Pr.	One on one projects Pr.	One on one projects Pr.	
4:30		One on one projects	One on one projects	One on one projects	
4:30	7	8	^ -	10	11
	7 Morning News Hour/ Participants	8	9	10	
9:00-	7 Morning News Hour/ Participants Choice: Word search/Crossword	8 Morning News Hour/ Participants	9 Morning News Hour/ Participants	10  Morning News Hour/ Participants	Morning News Hour/ Participants
	Choice: Word search/Crossword	8	9	10  Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword
9:00-		8 Morning News Hour/ Participants	9 Morning News Hour/ Participants	10  Morning News Hour/ Participants	Morning News Hour/ Participants
9:00- 9:45	Choice: Word search/Crossword  Bikini Day (5th)	8 Morning News Hour/ Participants Choice: Word search/Crossword	9 Morning News Hour/ Participants Choice: Word search/Crossword	10  Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day
9:00- 9:45 10:00-	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft <sup>S, C</sup>	8 Morning News Hour/ Participants Choice: Word search/Crossword Word Chart S, C.	9 Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C
9:00- 9:45 10:00- 10:45	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C  One on one projects Pr.	8  Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S.C. Bikini Day Art and Craft S, C	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S,	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S
9:00- 9:45 10:00- 10:45 10:55-	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C  One on one projects Pr.  Bikini Fashion Show S, C	8  Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr. Hangman C, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S Kitten Bean Bag Toss P, S,	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S Nerf Tower P, S,
9:00- 9:45 10:00- 10:45 10:55-	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C  One on one projects Pr.  Bikini Fashion Show S, C	8  Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S Kitten Bean Bag Toss P, S,	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S Nerf Tower P, S,
9:00- 9:45 10:00- 10:45 10:55- 11:40	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S Nerf Tower P, S, Pet Photo Show S, C
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9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S	8  Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day  iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C Tic Tac Toe Throw P, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day  iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C Tic Tac Toe Throw P, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day  iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.  Refreshments
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00 3:30-	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.  Refreshments  Monday Movie Matinee R/	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S  Refreshments Exercise Bingo P, S	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C Tic Tac Toe Throw P, S Refreshments Rainbow Throw P, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S Refreshments Table Pin Ball P, S, C	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.  Refreshments Friday Frolic R
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C Tic Tac Toe Throw P, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day  iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.  Refreshments
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00 3:30- 4:00	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.  Refreshments  Monday Movie Matinee R/ One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S  Refreshments  Exercise Bingo P, S One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P.S.C Tic Tac Toe Throw P, S Refreshments Rainbow Throw P, S Best 10 C, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S Refreshments Table Pin Ball P, S, C Spin the Wheel C, S	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day  iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.  Refreshments Friday Frolic R One on one projects Pr.
9:00- 9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00 3:30-	Choice: Word search/Crossword  Bikini Day (5th)  Bikini Day Art and Craft S, C One on one projects Pr.  Bikini Fashion Show S, C Pictionary C, S  Lunch & Relaxation/ One on one projects Pr.  Balloon Crash P, S One on one projects Pr.  Refreshments  Monday Movie Matinee R/	Morning News Hour/ Participants Choice: Word search/Crossword  Word Chart S, C. Bikini Day Art and Craft S, C  Karaoke C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Chimes P, S, C Target Toss C, S  Refreshments Exercise Bingo P, S	Morning News Hour/ Participants Choice: Word search/Crossword  Intergenerational Pr., S, C One on one projects Pr.  Hangman C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Baseball Game P. S. C Tic Tac Toe Throw P, S Refreshments Rainbow Throw P, S	Morning News Hour/ Participants Choice: Word search/Crossword National Kitten Day Jeopardy P, S, Connect 4 P, S  Kitten Bean Bag Toss P, S, One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S Refreshments Table Pin Ball P, S, C	Morning News Hour/ Participants Choice: Word search/Crossword All American Pet Photo Day iPad Wheel of Fortune S, C Expressive Art C, S/Coloring C, S  Nerf Tower P, S, Pet Photo Show S, C  Lunch & Relaxation/ One on one projects Pr.  Balloon Tennis S, C, P One on one projects Pr.  Refreshments Friday Frolic R

	14	15	16	17	18
9:00- 9:45	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword National I Love Horse Day	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword Happy Birthday, Lester!	Morning News Hour/ Participants Choice: Word search/Crossword
10:00-	Table Hockey P, S	Marble Racing Talk C, S	Intergenerational Pr., S, C	True or False Toss P, S	Hot Potato <sup>C, S</sup>
10:45 10:55-	Ring Toss <sup>P, S</sup> Big Word Small Word <sup>C, S</sup>	One on one projects Pr.  Newspaper Horse Race P, S, C	One on one projects Pr.  Headbandz C, S	Board Wheel of Fortune P, S  Name That Person P, S, C	Word Cookies <sup>C, S</sup> Pictionary <sup>C, S,</sup>
11:40	One on one projects Pr.	100 or Bust P, S	iPad Wheel of Fortune <sup>C, S</sup>	Word Chart C, S	Balloon Crash <sup>C, S</sup>
12:00- 1:55	Lunch & Relaxation/ One on one projects Pr.	Lunch & Relaxation/ One on one projects Pr.	Lunch & Relaxation/ One on one projects Pr.	Lunch & Relaxation/ One on one projects Pr.	Lunch & Relaxation/ One on one projects Pr.
2:00- 2:45	Regular Exercise <sup>P, S</sup> Cycling <sup>P, S.</sup>	Which Came First <sup>Pr.</sup> One on one projects <sup>Pr.</sup>	Bingo <sup>C, S, P</sup> One on one projects <sup>Pr.</sup>	Expressive Art <sup>C, S</sup> /Coloring <sup>C, S</sup> Bullseye <sup>P, S</sup>	Regular Exercise <sup>P, S</sup> Cycling <sup>P, S</sup> Chimes <sup>P, S, C</sup>
3:00	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
3:30- 4:00	Monday Movie Matinee <sup>R</sup> / One on one projects <sup>Pr.</sup>	Hangman <sup>C, S</sup> One on one projects <sup>Pr.</sup>	Singing with Cat <sup>S, C</sup> One on one projects <sup>Pr.</sup>	Regular Exercise P, S Cycling P, S.	Friday Frolic <sup>R</sup> One on one projects <sup>Pr.</sup>
4:10- 4:30	Monday Movie Matinee <sup>R</sup> / One on one projects <sup>Pr.</sup>	Chair Volleyball <sup>C, S</sup> One on one projects <sup>Pr.</sup>	Trivia <sup>S, C</sup> / Best 10 <sup>C, S</sup> One on one projects <sup>Pr.</sup>	Left Right Center <sup>S, C</sup> One on One Projects <sup>Pr.</sup>	Friday Frolic <sup>R</sup> One on one projects <sup>Pr.</sup>
	21	22	23	24	25
9:00- 9:45	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword	Morning News Hour/ Participants Choice: Word search/Crossword Tell An Old Joke Day	Morning News Hour/ Participants Choice: Word search/Crossword
	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day  Expressive Art <sup>C, S</sup> / Coloring <sup>C, S</sup> Baseball Game <sup>P, S, C</sup>	Morning News Hour/ Participants Choice: Word search/Crossword Bean Bag Toss P, S, C Hangman C, S	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day Intergenerational Pr., S, C One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword Tell An Old Joke Day Bowling C, S, P One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword Merry Go Round Day Magic Broom <sup>C, S, P</sup> Karaoke <sup>C, S</sup>
9:45	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day Expressive Art <sup>C, S</sup> / Coloring <sup>C, S</sup>	Morning News Hour/ Participants Choice: Word search/Crossword  Bean Bag Toss P, S, C	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day Intergenerational Pr., S, C	Morning News Hour/ Participants Choice: Word search/Crossword Tell An Old Joke Day Bowling C, S, P	Morning News Hour/ Participants Choice: Word search/Crossword  Merry Go Round Day  Magic Broom C, S, P  Karaoke C, S  Story Writing C, S,  Lawn Darts P, S, C
9:45 10:00- 10:45 10:55-	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day  Expressive Art <sup>C, S</sup> / Coloring <sup>C, S</sup> Baseball Game <sup>P, S, C</sup> Pictionary <sup>C, S</sup> One on one projects <sup>Pr.</sup> Lunch & Relaxation/ One on one projects <sup>Pr.</sup>	Morning News Hour/ Participants Choice: Word search/Crossword  Bean Bag Toss P, S, C Hangman C, S  Vocabulary Solitaire C, S Crossword C, S  Lunch & Relaxation/ One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day Intergenerational Pr., S, C One on one projects Pr.  Finish The Story C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Tell An Old Joke Day  Bowling C, S, P One on one projects Pr.  Jeopardy P, S, C One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword  Merry Go Round Day  Magic Broom C, S, P Karaoke C, S  Story Writing C, S, Lawn Darts P, S, C  Lunch & Relaxation/ One on one projects Pr.
9:45 10:00- 10:45 10:55- 11:40 12:00-	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day  Expressive Art <sup>C, S</sup> / Coloring <sup>C, S</sup> Baseball Game <sup>P, S, C</sup> Pictionary <sup>C, S</sup> One on one projects <sup>Pr.</sup> Lunch & Relaxation/	Morning News Hour/ Participants Choice: Word search/Crossword  Bean Bag Toss P, S, C Hangman C, S  Vocabulary Solitaire C, S Crossword C, S  Lunch & Relaxation/	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day Intergenerational Pr., S, C One on one projects Pr.  Finish The Story C, S One on one projects Pr.  Lunch & Relaxation/	Morning News Hour/ Participants Choice: Word search/Crossword  Tell An Old Joke Day  Bowling C, S, P  One on one projects Pr.  Jeopardy P, S, C  One on one projects Pr.  Lunch & Relaxation/	Morning News Hour/ Participants Choice: Word search/Crossword  Merry Go Round Day  Magic Broom C, S, P  Karaoke C, S  Story Writing C, S,  Lawn Darts P, S, C  Lunch & Relaxation/
9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45 3:00	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day  Expressive Art C, S/ Coloring C, S Baseball Game P, S, C  Pictionary C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Regular Exercise P, S Cycling P, S.  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Bean Bag Toss P, S, C Hangman C, S  Vocabulary Solitaire C, S Crossword C, S  Lunch & Relaxation/ One on one projects Pr.  Table Hockey P, C, S One on one projects Pr.  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day  Intergenerational Pr., S, C One on one projects Pr.  Finish The Story C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Life Stories S, C. Penny Ante S, C  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword  Tell An Old Joke Day  Bowling C, S, P One on one projects Pr.  Jeopardy P, S, C One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Bingo C, S True or False Toss C, S  Refreshments	Morning News Hour/ Participants Choice: Word search/Crossword Merry Go Round Day  Magic Broom C, S, P Karaoke C, S  Story Writing C, S, Lawn Darts P, S, C  Lunch & Relaxation/ One on one projects Pr.  Trivia P, S Karaoke P, S  Refreshments
9:45 10:00- 10:45 10:55- 11:40 12:00- 1:55 2:00- 2:45	Morning News Hour/ Participants Choice: Word search/Crossword National Junk Food Day  Expressive Art <sup>C, S</sup> / Coloring <sup>C, S</sup> Baseball Game <sup>P, S, C</sup> Pictionary <sup>C, S</sup> One on one projects <sup>Pr.</sup> Lunch & Relaxation/ One on one projects <sup>Pr.</sup> Regular Exercise <sup>P, S</sup> Cycling <sup>P, S.</sup>	Morning News Hour/ Participants Choice: Word search/Crossword  Bean Bag Toss P, S, C Hangman C, S  Vocabulary Solitaire C, S Crossword C, S  Lunch & Relaxation/ One on one projects Pr.  Table Hockey P, C, S One on one projects Pr.	Morning News Hour/ Participants Choice: Word search/Crossword Gorgeous Grandparent Day  Intergenerational Pr., S, C One on one projects Pr.  Finish The Story C, S One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Life Stories S, C. Penny Ante S, C	Morning News Hour/ Participants Choice: Word search/Crossword  Tell An Old Joke Day  Bowling C, S, P One on one projects Pr.  Jeopardy P, S, C One on one projects Pr.  Lunch & Relaxation/ One on one projects Pr.  Bingo C, S True or False Toss C, S	Morning News Hour/ Participants Choice: Word search/Crossword  Merry Go Round Day  Magic Broom C, S, P Karaoke C, S  Story Writing C, S, Lawn Darts P, S, C  Lunch & Relaxation/ One on one projects Pr.  Trivia P, S Karaoke P, S

	28	29	30	31	
9:00-	Morning News Hour/ Participants				
9:45	Choice: Word search/Crossword	Choice: Word search/Crossword	Choice: Word search/Crossword	Choice: Word search/Crossword	
	Milk Chocolate Day	International Tiger Day	Share A Hug Day		
10:00-	Regular Exercise P, S	Paddle Drum Ball P, S, C	Intergenerational Pr., S, C	Price is Right S, C	
10:45	Cycling P, S.	Summer Craft <sup>S, C,</sup>	One on one projects Pr.	One on one projects Pr.	
10:55-	Jeopardy P, S,	Crosswords S, C	Table Tennis S, C	Karaoke S, C	
11:40	One on one projects Pr.	Word Cookies S, C	One on one projects Pr.	Wheel of Fortune S, C	
12:00-	Lunch & Relaxation/	Lunch & Relaxation/	Lunch & Relaxation/	Lunch & Relaxation/	
1:55	One on one projects Pr.				
		, ,	• •	, ,	
2:00-	Big Word Small Word P, S, C	SCATERGORIES <sup>S, C</sup>	Life Stories C, S	Regular Exercise P, S	
2:45	Chimes P, S, C	Hangman <sup>C, S</sup>	Farkle <sup>S, C</sup>	Cycling P, S.	
3:00	Refreshments	Refreshments	Refreshments	Refreshments	
3:30-	Monday Movie Matinee R	Balloon Exercise P, S	Left Right Center S, C	Pictionary S, C	
4:00	One on one projects Pr.				
4:10-	Monday Movie Matinee R	Uno Game <sup>S, C</sup>	Penny Ante S, C	Conversations S, C	
4:30	One on one projects Pr.				

<sup>\*</sup>Alternative activities will be offered as requested

July is...

- National Picnic Month
- World Watercolor Month
- National Peach Month

- National Ice Cream Month
- National Fragile X Awareness Month
- National Anti-Boredom Month

## Personal Workshop

Jigsaw Puzzles

Crossword/Word Search

Reminisce

Coloring

Indoor/Outdoor Walks (depending on temperature)

Music & Memory

\*\*Offered throughout the day to ensure person centered care\*\*

Exercise & Wellness Groups:
\*2 choices are offered to participants daily\*

Upper Body: Weight lifting Medicine Balls Theraband Hand Grippers

Wellness (Mind & Body): Chair Yoga Core Focus: Chair Pilates Lower Extremity: Virtual Cycling Club Active ROM: Parachute Fun band Armchair Exercise