Adult Care Center of the NSV, Inc Snack Menu



2025

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
5 AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	7 AM: Belvita /Juice Diabetic: Same PM: Ice Cream w/ baked apples/ Water Diabetic: SF Same	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same 8 AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Apples & PB w/honey /Juice Diabetic: Same PM: Nutrigrain Bar/Water Diabetic: Pastry Crisp 9 AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water
				Diabetic: SF Same
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal w/blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Parfait /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	AM: Toast w/Apple butter/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream / Water Diabetic: SF Same	AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Apples w/ peanut butter/Water Diabetic: Same	AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

26 27 28 29 30 AM: Parfait /Juice AM: Cheese Crackers/ AM: Oatmeal w/ **AM:** Graham Crackers **AM:** Graham Crackers **Diabetic:** Same w/peanut butter & w/peanut butter & blueberries /Juice honey /Juice honey /Juice Diabetic: Same **Diabetic:** Same PM: Ice Cream/Water **Diabetic:** Same **Diabetic:** Same PM: Nutrigrain Bar **Diabetic:** Same PM: Pudding/Water PM: Ice Cream/Water PM: Fruit Cup/Water /Water **Diabetic:** Same **Diabetic:** Same **Diabetic:** Same **Diabetic:** Belvita

Vitamin A source

Vitamin C source