

Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom’s Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day’s meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider’s orders (Licensing requirement).
‘Thickened’ meals are prepared per request of family, and/or health care provider’s orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Sweet & Sour Chicken Rice Fruit Milk /Water	French Toast Turkey Sausage Berry Sauce Fruit Milk/Water MR – chicken pot pie SS – S&S chicken
5	6	7	8	9
Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water MR- BBQ Pork	Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water	Little Smokies Baked Beans Veggies Fruit Milk/Water MR -Turkey w/ Stuffing	Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water SS- Ch chicken	Pasta Primavera w/Ham & Vegetables Roll & Butter Fruit Milk/Water MR – Meatloaf SS-ch chicken

<p>12</p> <p>Pasta & Meatballs Veggies Fruit Milk /Water</p> <p>SS – egg scramble MR – Chicken</p>	<p>13</p> <p>Chicken Alfredo Vegetables Fruit Roll Pudding Milk/Water</p>	<p>14</p> <p>Cowboy Breakfast Cranberry Crisp Fruit Pudding Milk/Water/Juice</p> <p>MR – French Toast</p>	<p>15</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p>	<p>16</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR- Cheeseburger SS -ch chicken</p>
<p>19</p> <p>Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water</p> <p>MR – Cheese Omelet</p>	<p>20</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p>	<p>21</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>MR- Chicken Parm</p>	<p>22</p> <p>Sweet & Sour Chicken w/ Stir Fry Veggies Rice Fruit Milk/Water</p>	<p>23</p> <p>French Toast Turkey Sausage Fruit Milk/Water</p> <p>SS -ham & egg scramble MR – beef pot roast</p>
<p>26</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p> <p>MR – chicken pot pie</p>	<p>27</p> <p>Meatloaf Veggies Roll & Butter Fruit Milk/Water</p>	<p>28</p> <p>Whole Grain Pancakes Sausage Fruit Milk/Water</p> <p>MR - pancake</p>	<p>29</p> <p>Swedish Meatballs Roll & Butter Fruit Milk /Water</p> <p>SS – Sweet N Sour Chicken</p>	<p>30</p> <p>Chicken and Stir Fry Veggies with Teriyaki Sauce over Rice Fruit Milk/Water/Juice</p> <p>MR – Pork roast</p>

Vitamin C Source

Vitamin A Source