Adult Care Center of the NSV, Inc Snack Menu



2025

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	AM: Oatmeal w/blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Apples & PB w/honey /Juice Diabetic: Same PM: Nutrigrain Bar/Water Diabetic: Pastry Crisp
7	8	9	10	11
AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: Belvita /Juice Diabetic: Same PM: Ice Cream w/ baked apples/ Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
14	15	16	17	18
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Parfait / <mark>Juice</mark> Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	AM: Fresh bread w/Apple butter/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
21	22	23	24	25
AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Apples w/ peanut butter/Water Diabetic: Same	AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

28	29	30	
AM: Parfait /Juice	AM: Cheese Crackers/	AM: Graham Crackers	
Diabetic: Same	Juice	w/peanut butter &	
	Diabetic: Same	honey / <mark>Juice</mark>	
PM: Ice Cream/Water		Diabetic: Same	
Diabetic: Same	PM: Pudding/Water		
	Diabetic: Same	PM: Ice Cream/Water	
		Diabetic: Same	

Vitamin A source

Vitamin C source