

## Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom's Meats. Meats are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).  
 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>  Pasta & Meatballs Roll & Butter Fruit Milk /Water	<b>2</b>  Meatloaf Veggies Roll & Butter Fruit Milk/Water	<b>3</b>  Cheesy Chicken & Rice & Ravioli Bread & Buttere Fruit Milk /Water	<b>4</b>  Ravioli Seasoned Veggies Jello Fruit Milk/Water  MR – chicken pot pie SS – S&S chicken
<b>7</b>  Hawaiian Sir Fry Fruit Milk/Water  MR- BBQ Pork	<b>8</b>  Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water	<b>9</b>  Beef Little Smokies Baked Beans Veggies Fruit Milk/Water  MR -Pot Roast	<b>10</b>  Chicken and Stir Fry Veggies with Teriyaki Sauce over Rice Fruit Milk/Water/Juice	<b>11</b>  Cheese Ravioli Vegetables Roll & Butter Fruit Milk/Water  MR – roast chicken SS – veggie risotto

<p>14</p> <p>Swedish Meatballs over Pasta Veggies Fruit Milk /Water</p> <p>SS – egg scramble MR – BBQ Pork</p>	<p>15</p> <p>Chicken Alfredo Vegetables Fruit Roll Pudding Milk/Water</p>	<p>16</p> <p>Cowboy Breakfast Cranberry Crisp Fruit Pudding Milk/Water/Juice</p> <p>MR – French Toast</p>	<p>17</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p>	<p>18</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR- meatloaf SS -ch chicken</p>
<p>21</p> <p>Chicken, Bacon, Ranch Pasta Veggies Bread &amp; Butter Fruit Milk /Water</p> <p>MR – Roast Chicken</p>	<p>22</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p>	<p>23</p> <p>Chicken Tender Potatoes w/ Roasted Peppers &amp; Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>MR- cheeseburger</p>	<p>24</p> <p>Sweet &amp; Sour Chicken w/ Stir Fry Veggies Rice Fruit Milk/Water</p>	<p>25</p> <p>French Toast Turkey Sausage Fruit Milk/Water</p> <p>SS -ham &amp; egg scramble MR – beef pot roast</p>
<p>28</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p> <p>MR – chicken pot pie</p>	<p>29</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p>	<p>30</p> <p>Whole Grain Pancakes Sausage Fruit Milk/Water</p> <p>MR - pancake</p>		

Vitamin C Source

Vitamin A Source