Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

	Wednesday	Thursday	Friday
4	5	6	7
		AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Apples & PB w/ honey /Juice Diabetic: Same PM: Nutrigrain Bar/ Water Diabetic: Pastry Crisp
11	12	13	14
AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: Belvita /Juice Diabetic: Same PM: Ice Cream w/ baked apples/ Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
18	19	20	21
AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Parfait / <mark>Juice</mark> Diabetic: Same PM: Ice Cream/Water Diabetic: Same	 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same 	 AM: Fresh bread w/Apple butter/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
25	26	27	28
AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Apples w/ peanut butter/Water Diabetic: Same	AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
	 11 AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp 18 AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Selvita 25 AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same 	1112AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF SameAM: Belvita /Juice Diabetic: SamePM: Nutri-grain Bar /Water Diabetic: Pastry CrispPM: Ice Cream w/ baked apples/ Water Diabetic: SF Same1819AM: Oatmeal w/ blueberries /Juice Diabetic: SameAM: Parfait /Juice Diabetic: SamePM: Nutrigrain Bar /WaterPM: Ice Cream/Water Diabetic: SamePM: Nutrigrain Bar /WaterPM: Ice Cream/Water Diabetic: Same2526AM: Fruit Cup/Juice Diabetic: SF SameAM: Cheese Crackers/ Juice Diabetic: SamePM: Nutrigrain Bar /WaterAM: Cheese Crackers/ Juice Diabetic: SamePM: Nutrigrain Bar /WaterPM: Ice Cream/Water Diabetic: SamePM: Nutrigrain Bar /WaterPM: Cheese Crackers/ Juice Diabetic: SamePM: Nutrigrain Bar /WaterPM: Ice Cream/Water PM: Ice Cream/Water	1AM: Cheese Crackers/ Juice Diabetic: Same111213AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF SameAM: Belvita /Juice Diabetic: SameAM: Pastry Crisp/Julce Diabetic: SF SamePM: Nutri-grain Bar /Water Diabetic: Pastry CrispPM: Ice Cream w/ baked apples/ Water Diabetic: SF SameAM: Pastry Crisp/Julce Diabetic: SF Same181920AM: Oatmeal w/ blueberries /Juice Diabetic: SameAM: Parfait /Juice Diabetic: SameAM: Graham Crackers w/peanut butter & honey /Luice181920AM: Oatmeal w/ blueberries /Juice Diabetic: SameAM: Graham Crackers w/peanut butter & honey /Luice252627AM: Fruit Cup/Juice Diabetic: SF SamePM: Cheese Crackers/ JuiceDiabetic: SF SameAM: Cheese Crackers/ Diabetic: SamePM: Nutrigrain Bar /Water Diabetic: SF SameAM: Cheese Crackers/ Piabetic: SamePM: Nutrigrain Bar /Water Diabetic: SF SamePM: Cheese Crackers/ Piabetic: SF SamePM: Nutrigrain Bar /Water Diabetic: SF SamePM: Cheese Crackers/ PM: Apples w/ peanut butter/Water Diabetic: SF Same