

Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).

'Thickened' meals are prepared per request of family, and/or health care provider's orders.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p> <p>MR –Pancake</p>	<p>4</p> <p>Meatball Marinara Sandwich & Chicken Tenders Pineapple & Apple Crisp Fruit Milk /Water</p>	<p>5</p> <p>Meatloaf Veggies Roll & Butter Fruit Milk/Water</p>	<p>6</p> <p>Cheesy Chicken & Rice & Ravioli Bread & Buttere Fruit Milk /Water</p>	<p>7</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR – chicken parm SS - Rotini</p>
<p>10</p> <p>Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water</p> <p>MR- BBQ Pork</p>	<p>11</p> <p>Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water</p>	<p>12</p> <p>Beef Little Smokies Baked Beans Veggies Fruit Milk/Water</p> <p>MR -Pot Roast</p>	<p>13</p> <p>Chicken and Stir Fry Veggies with Teriyaki Sauce over Rice Fruit Milk/Water/Juice</p> <p>SS- Teriyaki</p>	<p>14</p> <p>Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk/Water</p> <p>MR – roast chicken SS - Rotini</p>

<p>17</p> <p>Swedish Meatballs over Pasta Veggies Fruit Milk /Water</p> <p>SS – egg scramble MR – BBQ Pork</p>	<p>18</p> <p>Lasagna Spiced Fruit Crisp Roll Putdng Milk/Water</p>	<p>19</p> <p>Cowboy Breakfast Cranberry Crisp Fruit Putdng Milk/Water/Juice</p> <p>MR – French Toast</p>	<p>20</p> <p>Ham Patty Cheesy Potatoes Chocolate Putdng Fruit Milk/Water</p>	<p>21</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR- meatloaf SS -Rotini</p>
<p>24</p> <p>Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water</p> <p>MR – Roast Chicken</p>	<p>25</p> <p>Beef Pepper Steak w/Gravy Pasta Cookie Fruit Milk /Water</p>	<p>26</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>MR- Pork Roast</p>	<p>27</p> <p>Sweet & Sour Chicken w/ Stir Fry Veggies Rice Fruit Milk/Water</p>	<p>28</p> <p>Pasta & Meatballs with Marinara Seasoned Veggies Fruit Milk/Water</p> <p>SS -Rotini MR – beef pot roast</p>

Vitamin C Source

Vitamin A Source