

Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom's meals. meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).
'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cheesy Egg Scramble w/Ham Bread & Peanut Butter Fruit Milk /Water</p> <p>MR – cheese omelet</p>	<p>4</p> <p>Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water</p>	<p>5</p> <p>Chicken Alfredo over Pasta Veggies Roll & Butter Fruit Milk/Water</p> <p>MR- OUT</p>	<p>6</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p>	<p>7</p> <p>Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water</p> <p>MR – OUT</p>
<p>10</p> <p>Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water</p> <p>MR- Pancakes</p>	<p>11</p> <p>Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water</p>	<p>12</p> <p>Beef Little Smokies Baked Beans Veggies Fruit Milk/Water</p> <p>MR -OUT</p>	<p>13</p> <p>Chicken and Stir Fry Veggies with Teriyaki Sauce over Rice Fruit Milk/Water/Juice</p> <p>SS- Teriyaki</p>	<p>14</p> <p>Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk/Water</p> <p>MR – OUT SS - Rotini</p>

<p>17</p> <p>Swedish Meatballs over Pasta</p> <p>Veggies</p> <p>Fruit</p> <p>Milk /Water</p> <p>SS – egg scramble MR – BBQ Pork</p>	<p>18</p> <p>Lasagna</p> <p>Spiced Fruit Crisp</p> <p>Roll</p> <p>Pudding</p> <p>Milk/Water</p>	<p>19</p> <p>Cowboy Breakfast</p> <p>Cranberry Crisp</p> <p>Fruit</p> <p>Pudding</p> <p>Milk/Water/Juice</p> <p>MR – French Toast</p>	<p>20</p> <p>Ham Patty</p> <p>Cheesy Potatoes</p> <p>Chocolate Pudding</p> <p>Fruit</p> <p>Milk/Water</p>	<p>21</p> <p>Beef Goulash over Pasta</p> <p>Seasoned Veggies</p> <p>Jello</p> <p>Fruit</p> <p>Milk/Water</p> <p>MR- meatloaf</p>
<p>24</p> <p>Chicken, Bacon, Ranch Pasta</p> <p>Veggies</p> <p>Bread & Butter</p> <p>Fruit</p> <p>Milk /Water</p> <p>MR – Roast Chicken</p>	<p>25</p> <p>Beef Pepper Steak w/Gravy</p> <p>Pasta</p> <p>Cookie</p> <p>Fruit</p> <p>Milk /Water</p>	<p>26</p> <p>Chicken Tender</p> <p>Potatoes w/ Roasted Peppers & Onions,</p> <p>Smokehouse Creamed Corn</p> <p>Fruit</p> <p>Milk/Water</p> <p>MR- Pork Roast</p>	<p>27</p> <p>Sweet & Sour Chicken w/ Stir Fry Veggies</p> <p>Rice</p> <p>Fruit</p> <p>Milk/Water</p>	<p>28</p> <p>Pasta & Meatballs with Marinara</p> <p>Seasoned Veggies</p> <p>Fruit</p> <p>Milk/Water</p> <p>SS -Rotini MR – beef pot roast</p>

Vitamin C Source

Vitamin A Source