

Adult Care Center of the NSV, Inc Snack Menu



2025

An alternative snack is available up _____ come to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLOSED HAPPY NEW YEAR!	2 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	3 AM: Apples & PB w/ honey /Juice Diabetic: Same PM: Nutrigrain Bar/ Water Diabetic: Pastry Crisp
6 AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	7 AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	8 AM: Belvita /Juice Diabetic: Same PM: Ice Cream w/ baked apples/ Water Diabetic: SF Same	9 AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	10 AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
13 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	14 AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	15 AM: Parfait /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	16 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ PB& J on fresh bread/Water Diabetic: Same	17 AM: Fresh bread w/Apple butter/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
20 AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	21 AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	22 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	23 AM: Pastry Crisp/Juice Diabetic: SF Same PM: Baked Apples/Water Diabetic: Same	24 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>27</p> <p>AM: Toast w/jam /Juice</p> <p>Diabetic: SF Same</p> <p>PM: Parfait /Water</p> <p>Diabetic: SF Same</p>	<p>28</p> <p>AM: Cheese Crackers/ Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/Water</p> <p>Diabetic: Same</p>	<p>29</p> <p>AM: Parfait /Juice</p> <p>Diabetic: SF Same</p> <p>PM: Cheese Crackers / Water</p> <p>Diabetic: Same</p>	<p>30</p> <p>AM: Graham Crackers w/peanut butter & honey /Juice</p> <p>Diabetic: Same</p> <p>PM: ½ PB& J on fresh bread/Water</p> <p>Diabetic: Same</p>	<p>31</p> <p>AM: Cottage Cheese w/ Fruit /Juice</p> <p>Diabetic: SF Same</p> <p>PM: Ice Cream /Water</p> <p>Diabetic: SF Same</p>
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Vitamin A source

Vitamin C source