

Adult Care Center of the NSV, Inc Lunch Menu



2025

Meals are ordered from Mom s meals. meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).
 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLOSED Happy New Year!	2 Chicken , Bacon, Ranch Pasta Veggies Bread & Butter Fruit Milk /Water SS -Rotini	3 Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk /Water MR – Ham Patty
6 Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk /Water SS- S&s Chicken	7 Pasta & Meatballs with Marinara Seasoned Veggies Fruit Milk /Water	8 Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk /Water MR -chicken parm	9 Turkey Apple Cranberry Gravy Potatoes Corn Fruit Milk /Water	10 Three Cheese Ravioli in Garlic Basil Butter Sauce Green Beans Fruit Cookie Milk /Water MR – BBQ Pork SS & EM - Alfredo

<p>13</p> <p>Cheese Omelet French Toast Sticks Fruit Milk /Water</p> <p>SS – egg scramble</p>	<p>14</p> <p>Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water</p>	<p>15</p> <p>Whole Grain Pancakes Sausage Cranberry Apple Crisp Fruit Pudding Milk/Water/Juice</p> <p>MR – pancakes</p>	<p>16</p> <p>Hawaiian Style Stir fry Rice w/ Ham and Sweet Pineapple Fruit Milk/Water</p>	<p>17</p> <p>Chicken Alfredo over Pasta Veggies Roll & Butter Fruit Milk/Water</p> <p>MR- meatloaf</p>
<p>20</p> <p>Lasagna Spiced Fruit Crisp Roll Pudding Milk/Water</p> <p>SS & EM- Rotini</p>	<p>21</p> <p>Meatloaf Potatoes Veggies Cookie Fruit Milk /Water</p>	<p>22</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>MR- chicken pot pie</p>	<p>23</p> <p>Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water</p>	<p>24</p> <p>Chicken and Stir Fry Veggies with Teriyaki Sauce over Rice Fruit Milk/Water/Juice</p> <p>MR – beef pot roast</p>
<p>27</p> <p>Sweet N Sour Chicken Stir Fry Veggies Rice Fruit Cookie Milk/Water</p>	<p>28</p> <p>Korean Meatballs Rice Broccoli Fruit Milk/Water</p>	<p>29</p> <p>Cowboy Breakfast Skillet Cranberry Apple Crisp Fig Bar Fruit Milk /Water</p> <p>MR – Pancakes</p>	<p>30</p> <p>Cheesy Egg and Turkey Scramble Cranberry Rice Pudding Bread and Peanut Butter Fruit Milk/Water</p>	<p>31</p> <p>Pork Stir Fry Rice Fruit Medley Bread and Peanut Butter Milk/Water</p> <p>MR – roast chicken</p>

Vitamin C Source

Vitamin A Source