Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
AM: Parfait /Juice Diabetic: SF Same PM: Cheese Crackers / Water Diabetic: Same	AM: Cottage Cheese w/ Fruit /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	AM: Fruit Cup/Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Apples & PB w/honey /Juice Diabetic: Same PM: Nutrigrain Bar/Water Diabetic: Pastry Crisp
9	10	11	12	13
AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Graham Crackers w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: Belvita /Juice Diabetic: Same PM: Ice Cream w/ baked apples/ Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
16	17	18	19	20
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal w/ blueberries /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Parfait /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ PB& J on fresh bread/Water Diabetic: Same	AM: Fresh bread w/Apple butter/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
23	24	25	26	27
AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	CLOSED Merry Christmas	CLOSED Merry Christmas	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Baked Apples/Water Diabetic: Same	AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

AM: Toast w/jam /Juice Diabetic: SF Same PM: Parfait /Water Diabetic: SE Same Diabetic: SE Same AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SE Same Diabetic: SE Same	30	31
PM: Parfait /Water PM: Ice Cream/Water	/ <mark>Juice</mark>	Juice
Diabetic. Same		

Vitamin A source

Vitamin C source