

## Adult Care Center of the NSV, Inc Snack Menu



2024

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<p><b>AM:</b> Cottage Cheese w/fruit/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Apples w/ Peanut Butter/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Fruit/Water <b>Diabetic:</b> SF Same</p>	<p><b>AM:</b> Yogurt/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>	<p><b>AM:</b> Parfait/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Nutrigrain Bar/ Water <b>Diabetic:</b> Pastry Crisp</p>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<p><b>AM:</b> Fruit Parfait/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp</p>	<p><b>AM:</b> Graham Crackers w/Peanut Butter/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp</p>	<p><b>AM:</b> Belvita/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>AM:</b> Pastry Crisp/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Jello/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Yogurt with Cereal/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<p><b>AM:</b> Cheese Crackers/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Oatmeal/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita</p>	<p><b>AM:</b> Parfait/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Graham Crackers w/peanut butter &amp; honey/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> ½ PB&amp; J sandwich/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Yogurt/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Pudding/Water <b>Diabetic:</b> SF Same</p>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<p><b>AM:</b> Nutri-grain Bar/<b>Juice</b> <b>Diabetic:</b> Belvita</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>	<p><b>AM:</b> Parfait/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Cheese Crackers / Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Cottage Cheese w/ Fruit/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>	<p><b>AM:</b> Pastry Crisp/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Baked Apples/Water <b>Diabetic:</b> Same</p>	<p><b>AM:</b> Pancakes/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>

<p><b>28</b></p> <p><b>AM:</b> Parfait/<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Pudding /Water  <b>Diabetic:</b> SF Same</p>	<p><b>29</b></p> <p><b>AM:</b> Cheese Crackers/  <b>Juice</b>  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water  <b>Diabetic:</b> Same</p>	<p><b>30</b></p> <p><b>AM:</b> Fruit Cup/<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Nutrigrain Bar  /Water  <b>Diabetic:</b> SF Same</p>	<p><b>31</b></p> <p><b>AM:</b> Parfait/<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Root beer Float  /Water  <b>Diabetic:</b> SF Same</p>	
--	---	--	---	--

Vitamin A source

Vitamin C source