

Adult Care Center of the NSV, Inc Lunch Menu



2024

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).
 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 Beef Little Smokies Baked Beans Seasoned Vegetables Fruit Milk/Water	4 Chicken Alfredo over Pasta Veggies Roll & Butter Fruit Milk/Water MR - Cheeseburger	5 Lasagna Spiced Fruit Crisp Roll Pudding Milk/Water SS- Rotini	6 Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water MR – Meatloaf
9 Cowboy Breakfast Skillet Cranberry Apple Crisp Fig Bar Fruit Milk /Water SS & SG – pork stir fry	10 Cheeseburger Seasoned Mixed Veggies Fruit Milk/Water	11 Chicken w/Mushroom Gravy Potatoes Veggies Bread & Butter Fruit Milk /Water MR -Ch. Enchilada	12 Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water EM-Rotini	13 BBQ Chicken Potato Medley Veggies Fruit Milk /Water MR – BBQ Sandwich

<p>16</p> <p>Ham Patty Cheesy Potatoes Chocolate Pudding Fruit Milk/Water</p>	<p>17</p> <p>Pancakes Sausage Apple Crisp Fruit Milk/Water</p> <p>SG -chicken w/gravy</p>	<p>18</p> <p>Korean Meatballs over Rice Carrots Roll Fruit Cookie Milk/Water</p> <p>MR - Cheeseburger</p>	<p>19</p> <p>Chicken Teriyaki Stir Fry White Rice Vegetables Fruit Milk/Water</p>	<p>20</p> <p>Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water</p> <p>SS -Rotini MR- Ham & Potatoes</p>
<p>23</p> <p>Three Cheese Ravioli in Garlic Basil Butter Sauce Green Beans Fruit Cookie Milk/Water</p> <p>EM & SS - teriyaki</p>	<p>24</p> <p>Meatloaf Potatoes Veggies Fruit Milk /Water</p>	<p>25</p> <p>Chicken Teriyaki Stir Fry White Rice Vegetables Fruit Milk/Water</p> <p>EM -Beef Goulash MR- Meatloaf</p>	<p>26</p> <p>Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk/Water</p> <p>SS -ch chicken & rice</p>	<p>27</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>SS & EM -BBQ ch MR - Pizza</p>
<p>30</p> <p>PB& J Potato Salad Fruit Sugar Free Cookie Milk/Water</p> <p>SS – Ch. Chicken</p>				

Vitamin C Source

Vitamin A Source