

Adult Care Center of the NSV, Inc Snack Menu



2024

An alternative snack is available me to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			AM: Toast w/ Apple Butter / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	AM: Parfait / Juice Diabetic: Same PM: ½ PB&J/ Water Diabetic: SF Same
5	6	7	8	9
AM: Fruit Parfait/ Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Apples w/Peanut Butter / Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: PB Crackers / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Yogurt with Cereal/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
12	13	14	15	16
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal / Juice Diabetic: Same PM: Nutri-grain Bar /Water Diabetic: Belvita	AM: Parfait / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: ½ PB& J sandwich/Water Diabetic: Same	AM: Yogurt/ Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
19	20	21	22	23
AM: Nutri-grain Bar/ Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	AM: Parfait / Juice Diabetic: SF Same PM: Cheese Crackers / Water Diabetic: Same	AM: Cottage Cheese w/ Fruit / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Baked Apples/Water Diabetic: Same <div style="background-color: yellow; padding: 2px; text-align: center;">Vitamin A source</div>	AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same <div style="background-color: cyan; padding: 2px; text-align: center;">Vitamin C source</div>

26 AM: Parfait/ Juice Diabetic: SF Same PM: Pudding /Water Diabetic: SF Same	27 AM: Toast w/ Apple Butter / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	28 AM: Jello / Juice Diabetic: SF Same PM: ½ PB&J /Water Diabetic: SF Same	29 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	30 AM: Apples w/ Peanut Butter / Juice Diabetic: Same PM: Fruit /Water Diabetic: SF Same
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