

Adult Care Center of the NSV, Inc Lunch Menu



2024

Meals are ordered from Mom's Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day's meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement).
'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water	4 Beef Little Smokies Baked Beans Seasoned Vegetables Fruit Milk/Water	5 Three Cheese Ravioli in Garlic Basil Butter Sauce Green Beans Fruit Cookie Milk/Water	6 Lasagna Spiced Fruit Crisp Roll Pudding Milk/Water SS - BBQ Chicken	7 Cowboy Breakfast Skillet Cranberry Apple Crisp Fig Bar Fruit Milk /Water EM & SS – HEC scramble EC - Lasagna
10 Beef Goulash over Pasta Seasoned Veggies Jello Fruit Milk/Water	11 Chicken Alfredo over Pasta Veggies Roll & Butter Fruit Milk/Water	12 Pork Stir Fry Rice Fruit Medley Bread and Peanut Butter Milk/Water	13 Sweet N Sour Chicken Stir Fry Veggies Rice Fruit Cookie Milk/Water/Juice	14 Pancakes Sausage Apple Crisp Fruit Milk/Water SS & EM – Ch. Omelet w/ham

<p>17</p> <p>Beef Pepper Steak over Pasta Roll Fruit Milk/Water</p> <p>SS – ch chicken & rice</p>	<p>18</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p>	<p>19</p> <p>CLOSED for Juneteenth</p>	<p>20</p> <p>Omelet French Toast Sausage Fruit Pudding Milk/Water/Juice</p> <p>SG & SS – S&S Chicken</p>	<p>21</p> <p>Korean Meatballs Rice Roll & Butter Fruit Milk/Water</p> <p>SS-Teriyaki Stir Fry</p>
<p>24</p> <p>BBQ Chicken Potato Medley Veggies Fruit Milk /Water</p>	<p>25</p> <p>Korean Meatballs Rice Broccoli Fruit Milk/Water</p>	<p>26</p> <p>Chicken Teriyaki Stir Fry White Rice Vegetables Fruit Milk/Water</p> <p>EM – S&S chicken</p>	<p>27</p> <p>Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk/Water</p>	<p>28</p> <p>Lasagna Spiced Fruit Crisp Roll Pudding Milk/Water</p> <p>SS & EM -Rotini</p>

Vitamin C Source

Vitamin A Source