

Adult Care Center of the NSV, Inc Lunch Menu



Meals are ordered from Mom’s Meals. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. **The Center will provide a sandwich as an alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something pre-packaged and unopened from home and staff will serve for the day’s meal.**

*Mechanical soft or pureed diets are prepared according to the health care provider’s orders (Licensing requirement).
‘Thickened’ meals are prepared per request of family, and/or health care provider’s orders.*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Variety Fruit Cookie Milk /Water	2 Pasta & Meatballs with Marinara Seasoned Veggies Fruit Milk/Water SS-Rotini	3 CLOSED APPLE BLOSSOM
6 Cheesy Chicken & Rice Broccoli Pineapple & Apples Fruit Milk/Water	7 Salisbury Steak w/ Mushroom Gravy Potatoes Veggies Roll Fruit Milk/Water	8 BBQ Chicken Potato Medley Veggies Fruit Milk /Water	9 Cowboy Breakfast Skillet Cranberry Apple Crisp Fig Bar Fruit Milk /Water	10 Pizza Fruit Milk/Water SS – Gluten Free Pizza EM – Cauliflower Crust Pizza

<p>13</p> <p>Chicken Tender Potatoes w/ Roasted Peppers & Onions, Smokehouse Creamed Corn Fruit Milk/Water</p> <p>SS- Ch chicken & rice</p>	<p>14</p> <p>Swedish Meatballs over Pasta Carrots Roll Fruit Cookie Milk/Water</p>	<p>15</p> <p>Meatloaf Potatoes Veggies Fruit Milk /Water</p>	<p>16</p> <p>Chicken Alfredo over Pasta Veggies Roll & Butter Fruit Milk/Water</p> <p>SS- Pork Stir Fry</p>	<p>17</p> <p>Lasagna Spiced Fruit Crisp Roll Pudding Milk/Water</p> <p>SS & EM - Rotini</p>
<p>20</p> <p>Chicken Parmesan over Pasta Seasoned Vegetables Roll & Butter Fruit Milk/Water</p> <p>SS & Em – ch chicken & rice</p>	<p>21</p> <p>Korean Meatballs Rice Broccoli Fruit Milk/Water</p>	<p>22</p> <p>Omelet French Toast Sausage Fruit Pudding Milk/Water/Juice</p> <p>Steve & EM – S&S Chicken</p>	<p>23</p> <p>Pasta Primavera with Ham Cornbread Cookie Milk /Water</p>	<p>24</p> <p>Chicken Teriyaki Stir Fry White Rice Vegetables Fruit Milk/Water</p>
<p>27</p> <p>CLOSED MEMORIAL DAY</p>	<p>28</p> <p>Three Cheese Ravioli in Garlic Basil Butter Sauce Green Beans Fruit Cookie Milk/Water</p>	<p>29</p> <p>Farmers Breakfast Scramble (eggs, pork, breakfast gravy, cheese, biscuit) Fruit Milk/Water</p> <p>EM-Breakfast Skillet</p>	<p>30</p> <p>Beef Pepper Steak over Pasta Roll Fruit Milk/Water</p>	<p>31</p> <p>Sweet N Sour Chicken Stir Fry Veggies Rice Fruit Cookie Milk/Water/Juice</p> <p>Edith - Rotini</p>

Vitamin C Source

Vitamin A Source