

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>AM: Parfait /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>2</p> <p>AM: Apples w/ Peanut Butter /Juice Diabetic: Same</p> <p>PM: Fruit/Water Diabetic: SF Same</p>	<p>3</p> <p>AM: PB Crackers /Juice Diabetic: Same</p> <p>PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp</p>	<p>4</p> <p>AM: Cottage Cheese w/ Fruit /Juice Diabetic: SF Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>5</p> <p>AM: Toast w/apple butter /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>
<p>8</p> <p>AM: Fruit Parfait/Juice Diabetic: SF Same</p> <p>PM: Pudding /Water Diabetic: Pastry Crisp</p>	<p>9</p> <p>AM: Apples w/Peanut Butter /Juice Diabetic: SF Same</p> <p>PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp</p>	<p>10</p> <p>AM: PB Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>11</p> <p>AM: Pastry Crisp/Juice Diabetic: SF Same</p> <p>PM: Jello/Water Diabetic: Same</p>	<p>12</p> <p>AM: Yogurt with Cereal/Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>
<p>15</p> <p>AM: Cheese Crackers/ Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	<p>16</p> <p>AM: Oatmeal /Juice Diabetic: Same</p> <p>PM: Nutrigrain Bar /Water Diabetic: Belvita</p>	<p>17</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>18</p> <p>AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same</p> <p>PM: ½ PB& J sandwich/Water Diabetic: Same</p>	<p>19</p> <p>AM: Yogurt/Juice Diabetic: Same</p> <p>PM: Pudding/Water Diabetic: SF Same</p>
<p>22</p> <p>AM: Nutri-grain Bar/Juice Diabetic: Belvita</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>23</p> <p>AM: Parfait /Juice Diabetic: SF Same</p> <p>PM: PB&J sandwich / Water Diabetic: Same</p>	<p>24</p> <p>AM: Cottage Cheese w/ Fruit /Juice Diabetic: SF Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>25</p> <p>AM: Pastry Crisp/Juice Diabetic: SF Same</p> <p>PM: Baked Apples/Water Diabetic: Same</p>	<p>26</p> <p>AM: Pancakes /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>

29 AM: Oatmeal / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	30 AM: Belvita/ Juice Diabetic: SF Same PM: Pastry Crisp /Water Diabetic: SF Same			
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Vitamin A source

Vitamin C source