

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM: Toast w/ apple butter / Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same
4 AM: Fruit Parfait/ Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	5 AM: Apples w/ Peanut Butter / Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	6 AM: PB Crackers / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	7 AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	8 AM: Yogurt with Cereal/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
11 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	12 AM: Oatmeal / Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	13 AM: Pastry Crisp / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	14 AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: ½ PB& J sandwich/Water Diabetic: Same	15 AM: Yogurt/ Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same
18 AM: Nutri-grain Bar/ Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	19 AM: Parfait / Juice Diabetic: SF Same PM: PB&J sandwich / Water Diabetic: Same	20 AM: Cottage Cheese w/ Fruit / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	21 AM: Pastry Crisp/ Juice Diabetic: SF Same PM: Baked Apples/Water Diabetic: Same	22 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

25 AM: Oatmeal / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	26 AM: Belvita/ Juice Diabetic: SF Same PM: Pastry Crisp /Water Diabetic: SF Same	27 AM: Parfait / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	28 AM: Apples w/ Peanut Butter / Juice Diabetic: Same PM: Fruit/ Water Diabetic: SF Same	29 AM: PB Crackers / Juice Diabetic: Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp
---	--	---	---	--

Vitamin A source

Vitamin C source