

## Adult Care Center of the NSV, Inc Snack Menu



\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>  <b>AM:</b> PB Crackers /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp	<b>2</b>  <b>AM:</b> Toast w/apple butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same
<b>5</b>  <b>AM:</b> Fruit Parfait/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp	<b>6</b>  <b>AM:</b> Apples w/Peanut Butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp	<b>7</b>  <b>AM:</b> PB Crackers /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>8</b>  <b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Jello/Water <b>Diabetic:</b> Same	<b>9</b>  <b>AM:</b> Yogurt with Cereal/Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same
<b>12</b>  <b>AM:</b> Cheese Crackers/ Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>13</b>  <b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>14</b>  <b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>15</b>  <b>AM:</b> Graham Crackers w/peanut butter & honey /Juice <b>Diabetic:</b> Same  <b>PM:</b> ½ Cucumber and cream cheese sandwich/Water <b>Diabetic:</b> Same	<b>16</b>  <b>AM:</b> Yogurt/Juice <b>Diabetic:</b> Same  <b>PM:</b> Pudding/Water <b>Diabetic:</b> SF Same

<p><b>19</b></p> <p><b>AM:</b> Nutri-grain Bar/<b>Juice</b>  <b>Diabetic:</b> Belvita</p> <p><b>PM:</b> Ice Cream /Water  <b>Diabetic:</b> SF Same</p>	<p><b>20</b></p> <p><b>AM:</b> Parfait /<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> PB&amp;J sandwich / Water  <b>Diabetic:</b> Same</p>	<p><b>21</b></p> <p><b>AM:</b> Cottage Cheese w/ Fruit /<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream /Water  <b>Diabetic:</b> SF Same</p>	<p><b>22</b></p> <p><b>AM:</b> Pastry Crisp/<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Baked Apples/Water  <b>Diabetic:</b> Same</p>	<p><b>23</b></p> <p><b>AM:</b> Pancakes /<b>Juice</b>  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water  <b>Diabetic:</b> SF Same</p>
<p><b>26</b></p> <p><b>AM:</b> PB Crackers /<b>Juice</b>  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water  <b>Diabetic:</b> SF Same</p>	<p><b>27</b></p> <p><b>AM:</b> Oatmeal /<b>Juice</b>  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Nutrigrain Bar /Water  <b>Diabetic:</b> SF Same</p>	<p><b>28</b></p> <p><b>AM:</b> Parfait /<b>Juice</b>  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water  <b>Diabetic:</b> SF Same</p>	<p><b>29</b></p> <p><b>AM:</b> Apples w/ Peanut Butter /<b>Juice</b>  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Fruit/Water  <b>Diabetic:</b> SF Same</p>	

Vitamin A source

Vitamin C source