Adult Care Center of the NSV, Inc Snack Menu



2024

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED Happy New Year!	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Yogurt w/ granola /Juice Diabetic: Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: PB Crackers /Juice Diabetic: Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	5 AM: Toast w/apple butter /Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same
AM: Fruit Parfait/Juice Diabetic: SF Same PM: Pudding /Water Diabetic: Pastry Crisp	AM: Apples w/Peanut Butter /Juice Diabetic: SF Same PM: Nutri-grain Bar /Water Diabetic: Pastry Crisp	AM: PB Crackers /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Jello/Water Diabetic: Same	AM: Yogurt with Cereal/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Oatmeal /Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich/Water Diabetic: Same	AM: Yogurt/Juice Diabetic: Same PM: Pudding/Water Diabetic: SF Same

22	23	24	25	26
AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	AM: Parfait /Juice Diabetic: SF Same PM: PB&J sandwich / Water Diabetic: Same	AM: Cottage Cheese w/ Fruit /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: SF Same PM: Baked Apples/Water Diabetic: Same	AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
29	30	31	1	2
AM: PB Crackers /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Oatmeal /Juice Diabetic: SF Same PM: Nutrigrain Bar /Water Diabetic: SF Same	AM: Parfait / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Apples w/ Peanut Butter /Juice Diabetic: Same PM: Fruit/Water Diabetic: SF Same	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same

Vitamin A source

Vitamin C source