

## Adult Care Center of the NSV, Inc Snack Menu



2023

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	1
			<b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>AM:</b> Toast w/apple butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same
4	5	6	7	8
<b>AM:</b> Fruit Parfait/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp Shannon - same	<b>AM:</b> Apples w/Peanut Butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp	<b>AM:</b> PB Crackers /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Mini Apple Pies/Water <b>Diabetic:</b> Same	<b>AM:</b> Yogurt with Cereal/Juice <b>Diabetic:</b> Same <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same
11	12	13	14	15
<b>AM:</b> Cheese Crackers/Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>AM:</b> Graham Crackers w/peanut butter & honey /Juice <b>Diabetic:</b> Same  <b>PM:</b> ½ Cucumber and cream cheese sandwich/Water <b>Diabetic:</b> Same	<b>AM:</b> Yogurt/Juice <b>Diabetic:</b> Same  <b>PM:</b> Pudding w/fruit/Water <b>Diabetic:</b> SF Same
18	19	20	21	22
<b>AM:</b> Nutri-grain Bar/Juice <b>Diabetic:</b> Belvita  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>AM:</b> Parfait /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> ½ Egg Salad sandwich / Water <b>Diabetic:</b> Same	<b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> SF Same  <b>PM:</b> ½ Pimento Sandwich/Water <b>Diabetic:</b> Same	<b>AM:</b> PB Crackers /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same

<b>25</b>  <b>CLOSED</b> <b>Merry Christmas</b>	<b>26</b>  <b>CLOSED</b> <b>Merry Christmas</b>	<b>27</b>  <b>AM:</b> Parfait /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>28</b>  <b>AM:</b> Apples w/ Peanut Butter /Juice <b>Diabetic:</b> Same  <b>PM:</b> Fruit/Water <b>Diabetic:</b> SF Same	<b>29</b>  <b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same
<b>1</b> <b>CLOSED</b> <b>Happy New Year</b>	<b>2</b>  <b>AM:</b> PB Crackers /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>3</b>  <b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> SF Same	<b>4</b>  <b>AM:</b> Toast w/apple butter /Juice <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same	<b>5</b>  <b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same

Vitamin A source

Vitamin C source