

## Adult Care Center of the NSV, Inc Snack Menu



2023

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		<b>AM:</b> Pastry Crisp/ <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>AM:</b> Oatmeal / <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>AM:</b> Toast w/ <b>apple</b> butter / <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>AM:</b> Fruit Parfait/ <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Pudding /Water <b>Diabetic:</b> Pastry Crisp	<b>AM:</b> Apples w/Peanut Butter / <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Pastry Crisp	<b>AM:</b> PB Crackers / <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>AM:</b> Pastry Crisp/ <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Mini <b>Apple</b> Pies/Water <b>Diabetic:</b> Same	<b>AM:</b> Yogurt with Cereal/ <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>AM:</b> Cheese Crackers/ <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>AM:</b> Oatmeal / <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Nutrigrain Bar /Water <b>Diabetic:</b> Belvita	<b>AM:</b> Pastry Crisp / <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same	<b>AM:</b> Graham Crackers w/peanut butter & honey / <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> ½ Cucumber and cream cheese sandwich/Water <b>Diabetic:</b> Same	<b>AM:</b> Yogurt/ <b>Juice</b> <b>Diabetic:</b> Same  <b>PM:</b> Pudding w/ <b>fruit</b> /Water <b>Diabetic:</b> SF Same
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>AM:</b> Nutri-grain Bar/ <b>Juice</b> <b>Diabetic:</b> Belvita  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>AM:</b> Parfait / <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> ½ Egg Salad sandwich / Water <b>Diabetic:</b> Same	<b>AM:</b> Oatmeal / <b>Juice</b> <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same	<b>CLOSED</b> <b>HAPPY</b> <b>THANKSGIVING</b>	<b>CLOSED</b> <b>HAPPY</b> <b>THANKSGIVING</b>

<p><b>27</b></p> <p><b>AM:</b> Pastry Crisp /<b>Juice</b></p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>28</b></p> <p><b>AM:</b> Toast w/ <b>Apple</b> Butter /<b>Juice</b></p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Pudding/ Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>29</b></p> <p><b>AM:</b> Parfait /<b>Juice</b></p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> <b>Fruit</b>/Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>30</b></p> <p><b>AM:</b> Apples w/ Peanut Butter /<b>Juice</b></p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water</p> <p><b>Diabetic:</b> SF Same</p>	
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Vitamin A source

Vitamin C source