

Adult Care Center of the NSV, Inc Snack Menu



2023

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>AM: Graham Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>2</p> <p>AM: Yogurt w/fruit /Juice Diabetic: SF Same</p> <p>PM: Nutrigrain Bar /Water Diabetic: Belvita</p>	<p>3</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>4</p> <p>AM: Apples w/ peanut butter /Juice Diabetic: Same</p> <p>PM: Cucumber & Tomato Salad /Water Diabetic: Same</p>	<p>5</p> <p>AM: Fresh bread w/apple butter /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>
<p>8</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same</p>	<p>9</p> <p>AM: Nutri-grain Bar/Juice Diabetic: Belvita</p> <p>PM: Baked Apples /Water Diabetic: SF Same</p>	<p>10</p> <p>AM: Oatmeal w/blueberries/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>11</p> <p>AM: Cottage Cheese w/fresh Fruit /Juice Diabetic: SF Same</p> <p>PM: ½ Pimento Sandwich/Water Diabetic: Same</p>	<p>12</p> <p>AM: Pancakes w/fresh fruit/Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>
<p>15</p> <p>AM: Cottage Cheese w/Fruit /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	<p>16</p> <p>AM: Oatmeal w/ fresh fruit/Juice Diabetic: Same</p> <p>PM: Nutrigrain Bar /Water Diabetic: Belvita</p>	<p>17</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>18</p> <p>AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same</p> <p>PM: ½ Cucumber and cream cheese sandwich on fresh bread/Water Diabetic: Same</p>	<p>19</p> <p>AM: Cheese Crackers/Juice Diabetic: Same</p> <p>PM: Pudding w/fruit/Water Diabetic: SF Same</p>
<p>22</p> <p>AM: Graham Crackers with PB /Juice Diabetic: SF Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>	<p>23</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: ½ Egg Salad sandwich / Water Diabetic: Same</p>	<p>24</p> <p>AM: Oatmeal w/blueberries /Juice Diabetic: SF Same</p> <p>PM: Cucumber & Tomato salad /Water Diabetic: SF Same</p>	<p>25</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>26</p> <p>AM: Pancakes w/ fresh fruit /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>

<p>29</p> <p>AM: Strawberries & Blueberries/ Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>	<p>30</p> <p>AM: Oatmeal w/blueberries /Juice Diabetic: SF Same</p> <p>PM: Cucumber & Tomato salad /Water Diabetic: SF Same</p>	<p>31</p> <p>AM: Nutri-grain Bar/ Juice Diabetic: Belvita</p> <p>PM: Baked Apples /Water Diabetic: SF Same</p>		
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Vitamin A source

Vitamin C source