

Adult Care Center of the NSV, Inc Snack Menu



2023

An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	2 AM: Nutri-grain Bar /Juice Diabetic: Belvita PM: Cheese Crackers /Water Diabetic: Same	3 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same
6 AM: Pastry Crisp /Juice Diabetic: Same PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same	7 AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Baked Apples /Water Diabetic: SF Same	8 AM: Oatmeal w/blueberries/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	9 AM: Cottage Cheese w/Fruit /Juice Diabetic: SF Same PM: ½ Pimento Sandwich/Water Diabetic: Same	10 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
13 AM: Cottage Cheese w/Fruit /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	14 AM: Oatmeal/Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Belvita	15 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	16 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	17 AM: Cheese Crackers/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
20 AM: Graham Crackers with PB /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	21 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	22 AM: Oatmeal w/blueberries /Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same	23 AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp PM: Chicken Salad on Crackers/Water Diabetic: Same	24 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>27</p> <p>AM: Graham Crackers /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream /Water</p> <p>Diabetic: SF Same</p>	<p>28</p> <p>AM: PB Crackers/Juice</p> <p>Diabetic: SF Same</p> <p>PM Nutrigrain Bar /Water</p> <p>Diabetic: Belvita</p>	<p>29</p> <p>AM: Pastry Crisp /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/ Water</p> <p>Diabetic: SF Same</p>	<p>30</p> <p>AM: Yogurt w/cereal /Juice</p> <p>Diabetic: Same</p> <p>PM: Pudding/Water</p> <p>Diabetic: Same</p>	<p>31</p> <p>AM: Fruit cup/Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream Sundae/ Water</p> <p>Diabetic: SF Same</p>
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Vitamin A source

Vitamin C source