

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Oatmeal / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	2 AM: Nutri-grain Bar / Juice Diabetic: Belvita PM: Cheese Crackers / Water Diabetic: Same	3 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same
6 AM: Pastry Crisp / Juice Diabetic: Same PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same	7 AM: Nutri-grain Bar / Juice Diabetic: Belvita PM: Baked Apples / Water Diabetic: SF Same	8 AM: Oatmeal w/blueberries / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	9 AM: Cottage Cheese w/Fruit / Juice Diabetic: SF Same PM: ½ Pimento Sandwich/Water Diabetic: Same	10 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same
13 AM: Cottage Cheese w/Fruit / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	14 AM: Oatmeal / Juice Diabetic: Same PM: Nutri-grain Bar / Water Diabetic: Belvita	15 AM: Pastry Crisp / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	16 AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich / Water Diabetic: Same	17 AM: Cheese Crackers / Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
20 AM: Graham Crackers with PB / Juice Diabetic: SF Same PM: Ice Cream / Water Diabetic: Same	21 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	22 AM: Oatmeal w/blueberries / Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites / Water Diabetic: SF Same	23 AM: Nutri-grain Bar / Juice Diabetic: Pastry Crisp PM: Chicken Salad on Crackers/Water Diabetic: Same	24 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream / Water Diabetic: SF Same

<p>27</p> <p>AM: Graham Crackers / Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream / Water</p> <p>Diabetic: SF Same</p>	<p>28</p> <p>AM: PB Crackers/ Juice</p> <p>Diabetic: SF Same</p> <p>PM: Nutrigrain Bar / Water</p> <p>Diabetic: Belvita</p>			
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Vitamin A source

Vitamin C source