

## Adult Care Center of the NSV, Inc Snack Menu



2022

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p>	<p><b>1</b></p> <p><b>AM:</b> Pastry Crisp/<b>Juice</b> Diabetic: Same</p> <p><b>PM:</b> Pudding /Water Diabetic: SF Same</p>	<p><b>2</b></p> <p><b>AM:</b> Yogurt /<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p><b>3</b></p> <p><b>AM:</b> Cheese Crackers/<b>Juice</b> Diabetic: Same</p> <p><b>PM:</b> Mini Apple Pies <b>Diabetic:</b> Same</p>	<p><b>4</b></p> <p><b>AM:</b> Nutri-grain Bar/<b>Juice</b> Diabetic: Belvita</p> <p><b>PM:</b> Fruit Cup /Water Diabetic: SF Same</p>
<p><b>7</b></p> <p><b>AM:</b> Graham Crackers w/peanut butter &amp; honey /<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> ½ Cucumber and cream cheese sandwich /Water <b>Diabetic:</b> Same</p>	<p><b>8</b></p> <p><b>AM:</b> Nutri-grain Bar/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Baked Apples /Water <b>Diabetic:</b> SF Same</p>	<p><b>9</b></p> <p><b>AM:</b> Oatmeal w/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>10</b></p> <p><b>AM:</b> Cottage Cheese w/<b>Fruit /Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ PB &amp; J Sandwich/Water <b>Diabetic:</b> Same</p>	<p><b>11</b></p> <p><b>AM:</b> Pancakes /<b>Juice</b> Diabetic: Same</p> <p><b>PM:</b> Ice Cream /Water Diabetic: SF Same</p>
<p><b>14</b></p> <p><b>AM:</b> Cottage Cheese w/<b>Fruit /Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same</p>	<p><b>15</b></p> <p><b>AM:</b> Oatmeal/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Nutri-grain Bar /Water <b>Diabetic:</b> Same</p>	<p><b>16</b></p> <p><b>AM:</b> Pastry Crisp /<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>17</b></p> <p><b>AM:</b> Graham Crackers w/peanut butter &amp; honey /<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> ½ Cucumber and cream cheese sandwich /Water <b>Diabetic:</b> Same</p>	<p><b>18</b></p> <p><b>AM:</b> Cheese Crackers/<b>Juice</b> <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>
<p><b>21</b></p> <p><b>AM:</b> Graham Crackers with PB /<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> Same</p>	<p><b>22</b></p> <p><b>AM:</b> Apples with yogurt dip /<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ Egg Salad sandwich / Water <b>Diabetic:</b> Same</p>	<p><b>23</b></p> <p><b>AM:</b> Oatmeal w/<b>Juice</b> <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Peanut Butter &amp; Jelly Bites /Water <b>Diabetic:</b> SF Same</p>	<p><b>24</b></p> <p><b>CLOSED</b> <b>Happy Thanksgiving</b></p>	<p><b>25</b></p> <p><b>CLOSED</b> <b>Happy Thanksgiving</b></p>

<p><b>28</b></p> <p><b>AM:</b> Cottage Cheese w/Fruit /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ Pimento Sandwich/Water <b>Diabetic:</b> Same</p>	<p><b>29</b></p> <p><b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p><b>30</b></p> <p><b>AM:</b> Cheese Crackers/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>		
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Vitamin A source

Vitamin C source