

## Adult Care Center of the NSV, Inc Snack Menu



\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>  <b>AM:</b> Pancakes /Juice Diabetic: Same  <b>PM:</b> Mini Apple Pies <b>Diabetic:</b> Same	<b>2</b>  <b>AM:</b> Nutri-grain Bar/Juice Diabetic: Belvita  <b>PM:</b> Fruit Cup /Water Diabetic: SF Same
<b>5</b>  <b>CLOSED</b> <b>Labor Day</b>	<b>6</b>  <b>AM:</b> Nutri-grain Bar/Juice Diabetic: Same  <b>PM:</b> Baked Apples /Water Diabetic: SF Same	<b>7</b>  <b>AM:</b> Oatmeal w/Juice Diabetic: Same  <b>PM:</b> Ice Cream/ Water Diabetic: SF Same	<b>8</b>  <b>AM:</b> Cottage Cheese w/Fruit /Juice Diabetic: SF Same  <b>PM:</b> ½ PB & J Sandwich/Water Diabetic: Same	<b>9</b>  <b>AM:</b> Pancakes /Juice Diabetic: Same  <b>PM:</b> Ice Cream /Water Diabetic: SF Same
<b>12</b>  <b>AM:</b> Cottage Cheese w/Fruit /Juice Diabetic: Same  <b>PM:</b> Ice Cream/Water Diabetic: Same	<b>13</b>  <b>AM:</b> Oatmeal/Juice Diabetic: Same  <b>PM:</b> Nutri-grain Bar /Water Diabetic: Same	<b>14</b>  <b>AM:</b> Pastry Crisp /Juice Diabetic: Same  <b>PM:</b> Ice Cream/ Water Diabetic: SF Same	<b>15</b>  <b>AM:</b> Graham Crackers w/peanut butter & honey /Juice Diabetic: Same  <b>PM:</b> ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	<b>16</b>  <b>AM:</b> Cheese Crackers/Juice Diabetic: Same  <b>PM:</b> Ice Cream/ Water Diabetic: SF Same
<b>19</b>  <b>AM:</b> Graham Crackers with PB /Juice Diabetic: SF Same  <b>PM:</b> Ice Cream /Water Diabetic: Same	<b>20</b>  <b>AM:</b> Apples with yogurt dip /Juice Diabetic: SF Same  <b>PM:</b> ½ Egg Salad sandwich / Water Diabetic: Same	<b>21</b>  <b>AM:</b> Oatmeal w/Juice Diabetic: SF Same  <b>PM:</b> Peanut Butter & Jelly Bites /Water Diabetic: SF Same	<b>22</b>  <b>AM:</b> Nutri-grain Bar /Juice Diabetic: Pastry Crisp  <b>PM:</b> Chicken Salad on Crackers/Water Diabetic: Same	<b>23</b>  <b>AM:</b> Pancakes /Juice Diabetic: Same  <b>PM:</b> Ice Cream /Water Diabetic: SF Same

<p><b>26</b></p> <p><b>AM:</b> Cottage Cheese w/Fruit /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ Pimento Sandwich/Water <b>Diabetic:</b> Same</p>	<p><b>27</b></p> <p><b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p><b>28</b></p> <p><b>AM:</b> Nutri-grain Bar /Juice <b>Diabetic:</b> Pastry Crisp</p> <p><b>PM:</b> Peanut Butter Crackers/Water <b>Diabetic:</b> Same</p>	<p><b>29</b></p> <p><b>AM:</b> Apples with yogurt dip /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p><b>30</b></p> <p><b>AM:</b> Oatmeal /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Pudding /Water <b>Diabetic:</b> SF Same</p>
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Vitamin A source

Vitamin C source