



2022

August



Just a reminder...



Please continue to stay safe and healthy!!

-  Our Health Healthy Living Event & Farmers Market August 16th and September 20th (see below).
-  Please remember to notify us of any medication changes your loved one may have. Even if they do not take it at the Center.
-  We will be closed on Monday, September 5, 2022, for Labor Day.

Dear families,

It's been a while since our last newsletter! I would like to share the wonderful things happening at the Center. We were the recipients of the Kiwanis Pancake Day fundraiser. Thanks to the community's support, the Center received a check in the amount of \$5,147.85 from this wonderfully delicious fundraiser! Thank you to the ACC Staff, Board, friends and family for all of your help with this.

The American Woodmark Foundation made a generous donation to our Center in April. They have been long-time supporters of the ACC and we can't thank them enough!!

The Center was also chosen as the recipient of the gardening carts made in the Widget Cup competition this year. These carts were handmade by students from four area high schools. Clarke County and Sherando High Schools carts were chosen as the winners and presented to the Center in April. They have been put to good use! (Pictures below!)

We have also been chosen as the beneficiary of the 2022 Rotary Club of Winchester Golf Tournament! The tournament will take place on Monday, October 3, 2022 at the Winchester Country Club. We are so incredibly thankful, and we need your help! We need teams for this event! If you or someone you know enjoys golf, please let them know about this fundraiser! We are also in need of sponsors - event sponsors and hole sponsors. If you or your business would be interested, please contact me. Lastly, if you are available on this day and would like to volunteer your time to help during the event, we'd love to spend some time with you!

Planning for our 2023 Lunch N' Bid has begun as well. It is being planned for June of 2023. Details to come!

Katie



August 16th and September 20th

329 N. Cameron St., Suite 200
Winchester, VA



Come learn about our community's resources for healthy living. Our Health partner's clients are eligible to receive a FREE \$5-10 coupon for fresh produce at the Marker-Miller Orchard's booth!

Free medical and dental screenings *Locally grown produce from Marker Miller Orchards* *Baked goods* *Nutritionist consultations* *AND MORE*

**Support Group Meeting – from Jayne Seymour
(540) 535-9775, jseymour@dementiamattersusa.org**

Just wanted to reach out and give information concerning this month's support group on *Sunday, August 21, 2022, from 2-4 p.m. at Winchester Church of God 2080 North Frederick Pike Winchester, VA 22603.* Joshua E. Hummer Esq, Founder and CEO Attorney at Law, and Anna M. Wishart, Director of Marketing, from Relational Estate and Elder Law will be presenting "Aging and Dementia: How to Form a Network of People to Care for You or Your Loved One". I'm requesting RSVPs to make sure we will have enough room. Please let me know before August 19th.

A look at our year so far.....

FAMILY

FRIENDS



FUN

COMMUNITY

A Word from Whitney

Hello everyone,

Our friends love their pets. It doesn't matter if it's dogs or cats or both. We always talk about them during the activities. This month is National Dog Month! Let's celebrate it for our fluffy friends! Please, bring one or more dog photos that you have or had, to share with your friends on August 26th (Friday), National Dog Day! Cat photos are welcome as well. P.S. – we will begin to collect photos on August 22nd (Monday).

Whitney



Adult Care Center
of the NSV, Inc.
Encouraging, engaging, & enriching since 1993

411 N. Cameron St.
Suite 100
Winchester, VA 22601
540-722-2273

The Adult Care Center is looking for dependable, cheerful volunteers who want to make a difference in the lives of persons with dementia.

Volunteer opportunities include:

- ✓ Assisting our professional staff with scheduled activities
 - ✓ Providing 1:1 conversation with participants
- ✓ Leading a small group activity (I-pad bowling, card games and more)
 - ✓ Helping to set up snacks and lunch on given days
 - ✓ Cleaning up after lunch
- ✓ Guiding participants to scheduled activities, and more!
Training provided.

Please stop by the Center, or visit our website at www.adultcarecenter.net to download a volunteer application. Then, give us a call (540-722-2273) to set up a time to meet.

And then be ready to make a difference. Because YOU WILL!!

We would like to welcome two of our newest team members, Sarah and Pat! Sarah joined us in March of this year accepting the position of Activity Assistant. Pat joined us in June accepting the position of Registered Nurse.



I am a mother of three wonderful children. I earned my Associates Degree in Human Management Services in 2012. I enjoy helping others and am happy to be a part of this great team.



I moved to this area in 2014 with my husband and we have two grown daughters and six wonderful grandchildren who we see regularly and have so much fun with! I've worked in a variety of settings during my 35 plus year nursing career and my heart is in working with older adults which I've been doing for the past 16 years. I'm so excited and thankful to be part of such a wonderful team!