

## Adult Care Center of the NSV, Inc Snack Menu



2022

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><b>AM:</b> Apples with yogurt dip / Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p><b>2</b></p> <p><b>AM:</b> Oatmeal / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Pudding / Water <b>Diabetic:</b> SF Same</p>	<p><b>3</b></p> <p><b>AM:</b> Cheese Crackers/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>4</b></p> <p><b>AM:</b> Pancakes / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Mini Apple Pies <b>Diabetic:</b> Same</p>	<p><b>5</b></p> <p><b>AM:</b> Nutri-grain Bar/ Juice <b>Diabetic:</b> Belvita</p> <p><b>PM:</b> Fruit Cup / Water <b>Diabetic:</b> SF Same</p>
<p><b>8</b></p> <p><b>AM:</b> Yogurt w/ Cereal/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>9</b></p> <p><b>AM:</b> Nutri-grain Bar/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Baked Apples / Water <b>Diabetic:</b> SF Same</p>	<p><b>10</b></p> <p><b>AM:</b> Oatmeal w/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>11</b></p> <p><b>AM:</b> Cottage Cheese w/ Fruit / Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ PB &amp; J Sandwich/ Water <b>Diabetic:</b> Same</p>	<p><b>12</b></p> <p><b>AM:</b> Pancakes / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream / Water <b>Diabetic:</b> SF Same</p>
<p><b>15</b></p> <p><b>AM:</b> Cottage Cheese w/ Fruit / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> Same</p>	<p><b>16</b></p> <p><b>AM:</b> Oatmeal/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Nutri-grain Bar / Water <b>Diabetic:</b> Same</p>	<p><b>17</b></p> <p><b>AM:</b> Pastry Crisp / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p><b>18</b></p> <p><b>AM:</b> Graham Crackers w/ peanut butter &amp; honey / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> ½ Cucumber and cream cheese sandwich / Water <b>Diabetic:</b> Same</p>	<p><b>19</b></p> <p><b>AM:</b> Cheese Crackers/ Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>
<p><b>22</b></p> <p><b>AM:</b> Graham Crackers with PB / Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ice Cream / Water <b>Diabetic:</b> Same</p>	<p><b>23</b></p> <p><b>AM:</b> Apples with yogurt dip / Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ Egg Salad sandwich / Water <b>Diabetic:</b> Same</p>	<p><b>24</b></p> <p><b>AM:</b> Oatmeal w/ Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Peanut Butter &amp; Jelly Bites / Water <b>Diabetic:</b> SF Same</p>	<p><b>25</b></p> <p><b>AM:</b> Nutri-grain Bar / Juice <b>Diabetic:</b> Pastry Crisp</p> <p><b>PM:</b> Chicken Salad on Crackers/ Water <b>Diabetic:</b> Same</p>	<p><b>26</b></p> <p><b>AM:</b> Pancakes / Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream / Water <b>Diabetic:</b> SF Same</p>

<p><b>29</b></p> <p><b>AM:</b> Cottage Cheese w/Fruit /Juice  <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> ½ Pimento Sandwich/Water  <b>Diabetic:</b> Same</p>	<p><b>30</b></p> <p><b>AM:</b> Pastry Crisp /Juice  <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water  <b>Diabetic:</b> SF Same</p>	<p><b>31</b></p> <p><b>AM:</b> Nutri-grain Bar /Juice  <b>Diabetic:</b> Pastry Crisp</p> <p><b>PM:</b> Peanut Butter Crackers/Water  <b>Diabetic:</b> Same</p>		
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Vitamin A source

Vitamin C source