

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Oatmeal /Juice Diabetic: Same PM: Pudding /Water Diabetic: SF Same	2 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same	3 AM: Pancakes /Juice Diabetic: Same PM: Fruit Cup /Water Diabetic: SF Same
6 AM: Pastry Crisp /Juice Diabetic: Same PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same	7 AM: Nutri-grain Bar/Juice Diabetic: Same PM: Baked Apples /Water Diabetic: SF Same	8 AM: Oatmeal w/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	9 AM: Cottage Cheese w/Fruit /Juice Diabetic: SF Same PM: ½ PB & J Sandwich/Water Diabetic: Same	10 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
13 AM: Cottage Cheese w/Fruit /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	14 AM: Oatmeal/Juice Diabetic: Same PM: Nutri-grain Bar /Water Diabetic: Same	15 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	16 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	17 AM: Cheese Crackers/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
20 AM: Graham Crackers with PB /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	21 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	22 AM: Oatmeal w/Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same	23 AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp PM: Chicken Salad on Crackers/Water Diabetic: Same	24 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>27</p> <p>AM: Cottage Cheese w/Fruit /Juice Diabetic: SF Same</p> <p>PM: ½ Pimento Sandwich/Water Diabetic: Same</p>	<p>28</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>29</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp</p> <p>PM: Peanut Butter Crackers/Water Diabetic: Same</p>	<p>30</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	
--	---	--	---	--

Vitamin A source

Vitamin C source