

## Adult Care Center of the NSV, Inc Snack Menu



**2021**

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><b>AM:</b> Yogurt w/cereal/ Juice</p> <p><b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Ham Salad Crackers/Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>2</b></p> <p><b>AM:</b> Pancakes /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Ice Cream /Water</p> <p>Diabetic: SF Same</p>	<p><b>3</b></p> <p><b>AM:</b> Oatmeal /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Pimento Cheese</p> <p>Crackers /Water</p> <p>Diabetic: Same</p>	<p><b>4</b></p> <p><b>AM:</b> Peanut Butter Crackers /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Fruit cup/Water</p> <p>Diabetic: Same</p>	<p><b>5</b></p> <p><b>AM:</b> Apples with yogurt dip /Juice</p> <p>Diabetic: SF Same</p> <p><b>PM:</b> Ice Cream/Water</p> <p>Diabetic: SF Same</p>
<p><b>8</b></p> <p><b>AM:</b> Pastry Crisp /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> ½ Egg Salad Sandwich/Water</p> <p>Diabetic: SF Same</p>	<p><b>9</b></p> <p><b>AM:</b> Nutri-grain Bar/Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Baked Apples /Water</p> <p>Diabetic: SF Same</p>	<p><b>10</b></p> <p><b>AM:</b> Oatmeal w/blueberries/Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Ice Cream/ Water</p> <p>Diabetic: SF Same</p>	<p><b>11</b></p> <p><b>AM:</b> Cottage Cheese w/Fruit /Juice</p> <p>Diabetic: SF Same</p> <p><b>PM:</b> ½ Pimento Sandwich/Water</p> <p>Diabetic: Same</p>	<p><b>12</b></p> <p><b>AM:</b> Pancakes /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Ice Cream /Water</p> <p>Diabetic: SF Same</p>
<p><b>15</b></p> <p><b>AM:</b> Cottage Cheese w/Fruit /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Ice Cream/Water</p> <p>Diabetic: Same</p>	<p><b>16</b></p> <p><b>AM:</b> Oatmeal/Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Nutrigrain Bar /Water</p> <p>Diabetic: Same</p>	<p><b>17</b></p> <p><b>AM:</b> Pastry Crisp /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Ice Cream/ Water</p> <p>Diabetic: SF Same</p>	<p><b>18</b></p> <p><b>AM:</b> Graham Crackers w/peanut butter &amp; honey /Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> ½ Cucumber and cream cheese sandwich /Water</p> <p>Diabetic: Same</p>	<p><b>19</b></p> <p><b>AM:</b> Cheese Crackers/Juice</p> <p>Diabetic: Same</p> <p><b>PM:</b> Pudding/ Water</p> <p>Diabetic: SF Same</p>
<p><b>22</b></p> <p><b>AM:</b> Whole Grain Toast w/Jam /Juice</p> <p>Diabetic: SF Same</p> <p><b>PM:</b> Ice Cream /Water</p> <p>Diabetic: Same</p>	<p><b>23</b></p> <p><b>AM:</b> Apples with yogurt dip /Juice</p> <p>Diabetic: SF Same</p> <p><b>PM:</b> ½ Egg Salad sandwich / Water</p> <p>Diabetic: Same</p>	<p><b>24</b></p> <p><b>AM:</b> Oatmeal w/blueberries /Juice</p> <p>Diabetic: SF Same</p> <p><b>PM:</b> Peanut Butter &amp; Jelly Bites /Water</p> <p>Diabetic: SF Same</p>	<p><b>25</b></p> <p><b>CLOSED HAPPY THANKSGIVING!</b></p>	<p><b>26</b></p> <p><b>CLOSED HAPPY THANKSGIVING!</b></p>

<p><b>29</b></p> <p><b>AM:</b> Graham Crackers /Juice</p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>30</b></p> <p><b>AM:</b> Nutri-grain Bar /Juice</p> <p><b>Diabetic:</b> Pastry Crisp</p> <p><b>PM:</b> Chicken Salad on Crackers/Water</p> <p><b>Diabetic:</b> Same</p>			
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Vitamin A source

Vitamin C source