

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something pre-packaged from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CLOSED
4 AM: Pastry Crisp / Juice Diabetic: Same PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same	5 AM: Nutri-grain Bar/ Juice Diabetic: Same PM: Baked Apples /Water Diabetic: SF Same	6 AM: Oatmeal w/ blueberries / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	7 AM: Cottage Cheese w/ Fruit / Juice Diabetic: SF Same PM: ½ Pimento Sandwich/Water Diabetic: Same	8 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
11 AM: Cottage Cheese w/ Fruit / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	12 AM: Oatmeal/ Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Same	13 AM: Pastry Crisp / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	14 AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	15 AM: Cheese Crackers/ Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
18 AM: Whole Grain Toast w/Jam / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	19 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	20 AM: Oatmeal w/ blueberries / Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same	21 AM: Yogurt w/ cereal / Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	22 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>25</p> <p>AM: Graham Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>26</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>27</p> <p>AM: Peanut Butter Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	<p>28</p> <p>AM: Oatmeal /Juice Diabetic: Same</p> <p>PM: Pimento Cheese Crackers /Water Diabetic: Same</p>	<p>29</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>
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Vitamin A source

Vitamin C source