

Adult Care Center of the NSV, Inc Snack Menu



2021

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Belvita</p> <p>PM: Pimento Cheese Crackers /Water Diabetic: Same</p>	<p>2</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>3</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same</p>	<p>4</p> <p>AM: Graham Crackers w/ honey and peanut butter /Juice Diabetic: SF Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>
<p>7</p> <p>AM: Nutri-grain Bar/Juice Diabetic: Belvita</p> <p>PM: Peanut Butter Crackers /Water Diabetic: Same</p>	<p>8</p> <p>AM: Pastry crisp/Juice Diabetic: Same</p> <p>PM: Graham Crackers /Water Diabetic: SF Same</p>	<p>9</p> <p>AM: Oatmeal w/blueberries/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>10</p> <p>AM: Cottage Cheese w/Peaches /Juice Diabetic: SF Same</p> <p>PM: ½ Pimento Sandwich/Water Diabetic: Same</p>	<p>11</p> <p>AM: Pancakes /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>
<p>14</p> <p>AM: Cottage Cheese w/Mandarin Oranges /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	<p>15</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Nutrigrain Bar /Water Diabetic: Same</p>	<p>16</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>17</p> <p>AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same</p> <p>PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same</p>	<p>18</p> <p>AM: Cheese Crackers/Juice Diabetic: Same</p> <p>PM: Pudding/ Water Diabetic: SF Same</p>
<p>21</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>	<p>22</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: ½ Egg Salad sandwich / Water Diabetic: Same</p>	<p>23</p> <p>AM: Oatmeal w/blueberries /Juice Diabetic: SF Same</p> <p>PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same</p>	<p>24</p> <p>AM: Yogurt w/cereal/ Juice Diabetic: SF Same</p> <p>PM: Ham Salad Crackers/Water Diabetic: SF Same</p>	<p>25</p> <p>AM: Pancakes /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>

<p>28</p> <p>AM: Graham Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>29</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>30</p> <p>AM: Peanut Butter Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>		
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Vitamin A source

Vitamin C source