



Adult Care Center of the NSV, Inc – April 2021 Lunch Menu

Meals are catered by Water Street Kitchen. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

4/1

Chicken Fritters

Green Beans

Fruit Cup

Milk/Water

4/2

Macaroni & Cheese w/ Country Ham

Corn

Cottage Cheese with Peaches

Milk /Water

4/5

Cheeseburger

Roasted Potatoes

Pears

Milk /Water

4/6

Chicken Salad Sandwich

Lima Beans

Mandarin Oranges

Milk /Water

4/7

3 Cheese Quiche

Salad

Applesauce

Milk /Water

4/8

Beef Goulash w/ Noodles

Cornbread

Cottage Cheese w/Fruit

Milk /Water

4/9

Broiled Salmon

Mixed Berry Salad

Applesauce

Milk /Water

4/12

Grilled Cheese

Tomato Soup

Banana

Milk /Water

4/13

Meatloaf

Mashed Potatoes

Green Beans

Pears

Milk /Water

4/14

Bacon, Lettuce, Tomato Sandwich

Roasted Potatoes

Berries

Milk/Water

4/15

Egg Salad on Brioche

Tater Tots

Mixed Fruit

Milk /Water

4/16

Chicken Fried Chicken w/ Gravy

Mashed Potatoes

Green Beans

Fruit Cup

Milk /Water

4/19

Salmon Cakes

Roasted Potatoes

Lima Beans

Pears

Milk/Water

4/20

Hot Dog

Baked Beans

Roll

Applesauce

Milk/Water

4/21

Chili

Cornbread

Mixed Fruit

Milk /Water

4/22

Patty Melt

Roasted Potatoes

Oranges

Milk /Water

Vitamin A source

Vitamin C source

4/23

Chicken & Waffles

Peaches

Milk /Water

4/26

Chicken & Broccoli Casserole

Berries

Milk /Water

4/27

Hot Ham & Cheese

Roasted Potatoes

Oranges

Milk/Water

4/28

Tuna Salad on Rye

Mixed Greens

Banana

Milk/Water

4/29

Cheeseburger

Roasted Potatoes

Cherry Mixed Fruit

Milk/Water

4/30

CLOSED