

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Special K Bar /Juice Diabetic: SF Same PM: Graham Crackers with Peanut butter / Water Diabetic: Same	2 AM: Oatmeal w/Strawberries /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same
5 AM: Nutri-grain Bar/Juice Diabetic: Belvita PM: Peanut Butter Crackers /Water Diabetic: Same	6 AM: Pastry crisp/Juice Diabetic: Same PM: Graham Crackers /Water Diabetic: SF Same	7 AM: Oatmeal w/blueberries/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	8 AM: Cottage Cheese w/Peaches /Juice Diabetic: SF Same PM: ½ Pimento Sandwich/Water Diabetic: Same	9 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
12 AM: Cottage Cheese w/mandarin oranges /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	13 AM: Oatmeal/Juice Diabetic: Same PM: Fruit Cup /Water Diabetic: Same	14 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	15 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	16 AM: Cheese Crackers/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
19 AM: Toast /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	20 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	21 AM: Oatmeal w/blueberries /Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same	22 AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	23 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

26 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	27 AM: Bananas & Strawberries/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	28 AM: Cottage Cheese w/ Peaches / Juice Diabetic: SF Same PM: Tuna Salad Crackers/Water Diabetic: Same	29 AM: Fruit Cup/ Juice Diabetic: Same PM: Apple Pie Bites / Water Diabetic: Same	30 CLOSED
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Vitamin A source

Vitamin C source